



Walk this Wei in Spitalfields

Chinese artist Ai Weiwei leads event in support of refugees

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The history of a hospital

Behind the scenes at the museum of the Royal London

SEE PAGES 10



Learn all about Vicky

Fascinating facts about the nation's favourite park

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ISSUE 1078 21 - 27 SEPTEMBER 2015

WWW.TOWERHAMLETS.GOV.UK



eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Council unites to support refugees

BY SHALINA HUSSAIN

LOCAL politicians have united to pledge support to refugees.

Mayor John Biggs and the leaders of the two opposition groups on the council will be writing to the Prime Minister to give their backing to those fleeing war and conflict.

At a council meeting on September 16, Mayor Biggs introduced an emergency motion in response to the refugee crisis arising from the conflicts in Syria, Libya, Iraq and Eritrea.

The motion stated Britain and other countries have a moral duty to provide sanctuary for those forced to flee their homes.

Large numbers of refugees have undertaken hazardous and lengthy journeys, and many have lost their lives, trying to reach a safe haven in Europe.

UN figures show a third of a million people have attempted to cross the Mediterranean Sea in the last eight months.

Mayor Biggs said: "East London has a proud

history of providing a safe haven for refugees of war and conflict.

"We have all been touched by the scenes of desperate refugees fleeing for their lives.

"London must play its part and Tower Hamlets will be at the forefront of London's response.

"Irrespective of party affiliation, I know my colleagues in the council chamber want to see us ready to play our full part in this humanitarian crisis."

The mayor emphasised that support would be carefully managed – any provisions for

refugees and asylum seekers will not impact on resources and services for residents such as the limited supply of social housing.

The council's priority, he said, would always be its residents, but with support from the government it could help refugees.


Leaders of all the political groups will ask the Prime Minister to make available sufficient resources to enable councils to make suitable provision for refugees while ensuring they can meet obligations to residents.

TENTS, PANS AND FOOD IN CANS



Residents donated hundreds of items to an appeal in aid of refugees. See page 3 for full story.

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A place of hope

19 Princelet Street, which houses the Museum of Immigration & Diversity, was the home of a Huguenot weaver.

WWW.19PRINCELETSTREET.ORG.UK



'Help when in peril'

"This refugee crisis makes us reflect on what a different world we would be living in if others had stood by and refused to help us when we were in peril and afraid."

SUSIE SYMES, CHAIR OF TRUSTEES, 19 PRINCELET STREET

News

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soundtalking

East End Life is also available on audio tape – if you know someone who would like to receive it in this format call 7364 4309 or email abdul.miah@towerhamlets.gov.uk

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Anish Kapoor and Ai Weiwei visit Spitalfields museum

BY JESSICA ODUBAYO

TWO world-renowned artists stopped off in Spitalfields during a walk to highlight the plight of refugees.

Anish Kapoor and Ai Weiwei visited the Museum of Immigration and Diversity at 19 Princelet Street on Thursday, September 17.

Each carrying a blanket as millions of refugees, the artists were joined on their seven-mile walk by former asylum seekers who have settled in the UK.

Susie Symes, chair of trustees at 19 Princelet Street, and Philip Black, a member of the museum advisory board, were among those who welcomed the walkers with water, fruit and other refreshments to help fuel their journey.

Ms Symes told the group that the museum, which was first lived in by Protestant Huguenots escaping religious persecution in France, has been home to waves of new arrivals of different cultures and religions.

She described the 1719 house as a place of hope where the word 'refugee' entered the English language.

"This refugee crisis makes us reflect on what a different world we would be living in if others had stood by and refused to help us when we were in peril and afraid," Susie said.

"The museum owes so much to the human rights



Ai Weiwei and Anish Kapoor walk in Brick Lane

Artists march to back campaign

campaigners and refugees who founded it: Huguenots, Jews and Bengalis who wanted to show the world what we can achieve when we work together, and welcome the stranger to our homeland."

Mr Black said: "Where better than 19 Princelet Street for Anish Kapoor and Ai Weiwei to visit, as they walked in solidarity with the world's 20 million refugees."

Museum volunteers wore T-shirts bearing the inscription 'the home of all our hopes', across multi-coloured Union Flags.

Kapoor thanked volunteers for welcoming the group

and doing the work they do.

Walker Nayrouz Tatanaki, who sought refuge in the UK from Libya, said: "I cannot

believe what is happening to refugees in Europe.

"I am happy the art world has responded in this way."



Ai Weiwei, Philip Black and Anish Kapoor at the museum

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You can help the convoy

Convoy to Calais will be organising another collection of winter clothing and tinned food to help refugees in early October. To donate or volunteer, email convoytocalais@hotmail.com or visit

WWW.FACEBOOK.COM/CONVOYTOCALAIS

Green, green grass

Bethnal Green Gardens were once part of wasteland under a trust deed administered to benefit the local poor.

SEE BELOW

News

Hundreds of gifts donated to refugee 'drop-off' appeal

BY JESSICA ODUBAYO

PEOPLE in Tower Hamlets showed compassion and kindness when they donated hundreds of essential items for Calais refugees.

Twenty-year-old Mayisha Begum organised the drop-off event at St Matthias Old Church and Community Centre in Poplar on Tuesday, September 15.

She set up Convoy to Calais, to collect essentials including tents and sleeping bags, books, pots, pans, warm clothing, tinned food and first aid supplies.

"In the media, refugees are being talked about in a negative way," Mayisha said.

"They are being blamed for their plight, although many are living in intolerable conditions with little to eat."

Between 8am and 6pm, residents

and volunteers went to the church with donations and offers of assistance.

Mayisha added: "This is our second collection and, although we had a good response, our first venue was quite small."

"Thanks to Sister Christine Frost, who runs St Matthias with scores of volunteers, we have a bigger venue and we've been able to collect and label more items."

Mayisha has arranged transport to

deliver the donations to aid organisations who will distribute to refugee camps in Calais and Dunkirk on October 24 and 25. Convoy to Calais plans to hold another collection in early October.

Mayisha said tinned food and winter clothing were especially needed.

For more information, or to volunteer, email convoytocalais@hotmail.com or visit www.facebook.com/ConvoytoCalais

Supermarket is just the job

A NEW Tesco Metro was opened by Mayor John Biggs.

Eighty new jobs have been created at the Roman Road store, which have been predominantly filled by local residents.

In addition, a regeneration partnership between Tesco and Jobcentre Plus will see a third of the jobs going to long-term unemployed local people, who have been offered positions following the completion of a course.

As part of its Tesco Bow Community Fund, the company will also be sharing £3,000 among local charities – the Lower Regents Canal Coalition, Arbour Youth Club, Stepney City Farm, AbilityBow, The Ragged School Museum and the 2nd East London Scouts.

Residents will be able to vote for the charity they think should receive a donation and the top three with the



most votes will each be awarded a grant of £1,000.

Cllr Joshua Peck, council cabinet member for economic growth and local ward

councillor, said: "Since Morrisons closed almost a decade ago, Bow residents have suffered from not having a local supermarket.

"Tesco will make a daily difference to local people and the increased footfall will support the market and shops here."

Fears grow for missing John

POLICE are appealing for help to find a missing 80-year-old man from Poplar.

John Heatley, a regular at the Baxter Court pub in Hackney, was last seen at 4.40pm on Sunday, September 13, in the Mare Street area of Hackney.

He is white, 5ft 6ins tall, of average build, with medium length grey hair.

At the time of his disappearance, he was wearing a blue Barbour-style quilted jacket, dark blue jumper, black trousers, and black shoes.



Officers are increasingly concerned for his wellbeing.

Anyone with information on his whereabouts should call police on 101 or Missing People on 116000, quoting Merlin reference 15MISO36383.

Man is sought over attack

DETECTIVES investigating an assault on a woman, have issued this image of a man they want to speak to.

Police were called to a pub in Brick Lane on Sunday, August 23, at 6.30am.

A 27-year-old woman had met a man in Westminster before they travelled to Brick Lane.

The pub was closed but the garden area open. When the woman decided to leave, the man punched and kicked her, and tried to pull off her clothes.



The woman suffered minor injuries but ran away.

The man is black and slim with short hair. He wore a blue cap, grey zipped hooded top, jeans and black trainers.

Anyone with information should call police on 101 quoting reference number 188656.

News in brief

Community event

PEOPLE who live or work in Tower Hamlets are being encouraged to attend a community event hosted by trade union Tower Hamlets Union, Tower Hamlets Keep Our NHS Public and Tower Hamlets People's Assembly.

Sister Christine Frost from community organisation Neighbours in Poplar will open the event, which takes place this Saturday, September 26, from 2.30-8pm at St Matthias Community Centre, 113 Poplar High Street.

Campaigners in support of the NHS, mental health services, education, housing, trade union and refugee rights will run workshops throughout the day.

Food will be served from 6pm to celebrate the Muslim festival of Eid.

Gardeners gather

A MEETING to form a 'friends of Bethnal Green Gardens' group will take place on Saturday, September 26, at St Margaret's House, Old Ford Road, Bethnal Green at 2pm.

The proposed group aims to consider issues surrounding the conservation area and decide on ways to improve the gardens and listed buildings.

All those who have an interest are welcome to attend. A short tour of the conservation area will be undertaken after the meeting, weather permitting.

For details, email eastlondongardensociety@gmail.com

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J Bradshaw
Headteacher

TOUR DATES – INTAKE 2016

**Open Day Tours – Upper school
Approach Rd Tours will start
promptly at 9.15am**

Thursday 17th September, 9.15am

Friday 18th September, 9.15am

Friday 25th September, 9.15am

Friday 2nd October, 9.15am

**Open Day Talk & Tour with
Mr Bradshaw (Headteacher)
Upper school Approach Rd**

Saturday 19th September
10.00am - 12.00pm

**Open Evening (Talk and Tours) –
Upper school (Approach Road)**

Wednesday 23rd September
5.00pm - 7.00pm



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Run for sight-loss charity

The Royal National Institute of Blind People (RNIB) offers practical and emotional support to everyone affected by sight loss, whether they are losing their sight, are blind or partially sighted.

WWW.RNIB.ORG.UK

The mayor of London

The London mayor sets the budget for the city and is elected every four years. The current mayor is Boris Johnson.

SEE BELOW

News

Make sure you can vote for London mayor

THE council is visiting hundreds of households across the borough to ensure that the electoral register is up to date.

The borough-wide canvass is part of the council's preparations for the 2016 London Mayor and Assembly elections, scheduled to take place on May 5, 2016.

In addition to the visits, every household will receive a letter requesting details of everyone who is eligible to vote to be confirmed.

The system of registration changed to Individual Electoral Registration (IER) in June 2014, meaning that every eligible resident is responsible for their own registration; one person can no longer register on behalf of the household.

Residents can register online at www.gov.uk/register-to-vote or electoral services can post a form – to find out more call 7364 0872.

Best Value Plan update

BY STAFF REPORTER

THE council has updated the government on the improvements it has made to key processes.

The council submitted a six-month update to Secretary of State Greg Clark, outlining progress against its Best Value Plan.

The plan was developed in response to government concerns about allocation of grants, disposal of council assets and use of publicity, which resulted in the government issuing directions to the council and the appointment of commissioners.

Ninety-one per cent of the items identified in the council's plan have been completed or are due to be completed in line with the targets set.

Mayor John Biggs said: "During this six-month period, and particularly in the last three months since I took over as mayor, considerable progress has been made, and the



East End Life to go fortnightly

foundations set for further improvement over the next few months.

"My ambition is to ensure that we satisfy the requirements set down in the directions but I am keen to go beyond a 'tick box' exercise of simply satisfying those conditions, and completing the individual actions in the Best Value Plan."

The council has recently appointed Will Tuckley, former chief executive of the London Borough of Bexley, as its new

chief, along with a new director of law, probity and governance and a new corporate director of resources.

Other key achievements include:

- improvements to procurement practices, with tightened controls and spend analysis to reduce costs;

- a completely new mainstream grants programme, which has been developed through an open, transparent commissioning process with a clear focus on third sector delivery of outcomes which progress the council's community plan priorities;

- a clear decision-making process in respect of property disposals has been established

and used to sign off a number of transactions;

- a revised communications protocol has been established and work undertaken to develop online approaches to communicating with residents.

A communications review will be carried out and the council's weekly publication, East End Life, will be moving to a fortnightly frequency in the short term, with a commitment from the mayor to ensure the council is compliant with the Code of Recommended Practice on Local Authority Publicity by March 2016.

The council's progress will next be reported in a 12-month update, due to be submitted to the government in March 2016.

News in brief

3K neon night run

RESIDENTS are invited to sign up for a fun run to help raise money for the Royal National Institute of Blind People (RNIB).

The Glow Neon 3k race takes place from 7pm on Friday, October 9 at Mile End Stadium.

Participants can run, walk or even dance under UV lights while being sprayed with luminous, colourful paint.

It costs £10 to register and participants are asked to raise a minimum of £25 sponsorship. Visit www.rnib.org.uk/glow

Mixed race seminar

EXPERIENCES of mixed race families will be explored at a seminar on Saturday, September 26 from 1.30-4pm at St Margaret's House, Old Ford Road, Bethnal Green. Visit www.pih.org.uk or email office@pih.org.uk

WEAPONS including a sword, a kitchen knife (pictured) and a lock knife were among items found when police officers from Tower Hamlets gangs unit carried out a sweep in Rounton Road, Bow. Items recovered during the search on Tuesday, September 8, have been taken away for forensic analysis. Detective Inspector Andy Gravestock, from Tower Hamlets gangs unit, said: "This weapon sweep has been a success. "We will continue to do our utmost to make Tower Hamlets as safe as possible for residents and visitors."



Community 'fairness' plan

EQUALITY, cohesion and community leadership are at the heart of a plan for the borough, unveiled at the Town Hall on Wednesday, September 8.

At the council's cabinet Mayor John Biggs, together with health, police and community groups, agreed a 'community plan' after listening to the

views of residents and partners.

The plan identifies priorities for the borough and 'fairness' will be its key focus, ensuring all residents benefit from the borough's economic growth.

The partnership will now work together to:

- empower residents to better support themselves and each other;

- promote healthier lives by addressing inequalities in health;
- increase employment to tackle the jobless rate, especially among women and some ethnic minority groups;

- respond to population growth managing it effectively, providing sufficient infrastructure and supporting local people to benefit from the changes.



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Contact Cllr Golds

East End Life will be printing a column from the council's opposition leaders. To contact Cllr Peter Golds, email:

CLLRPETERGOLDS@AOL.COM

News

Exciting changes to our constitution

News from council opposition leaders

SINCE June, there have been a number of actions regarding the governance and management of the council.

Following directions by the government, the council has now completed the process of appointing full-time holders of the three senior offices of the council. This was concluded by confirming Will Tuckley as chief executive at a special council meeting in August.

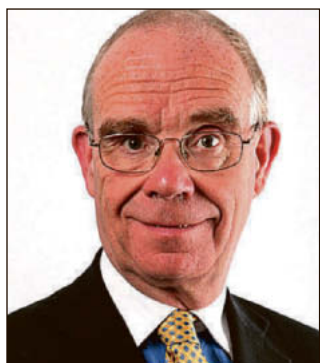
This will be the first occasion, for some years, that these positions have been held by full-time holders, as opposed to interim appointments. This will certainly change the dynamics of the council.

For this municipal year, I have been appointed by the overview and scrutiny committee to overview the council's work on law, proberty and governance.

There have, over recent years, been concerns raised as to the operation of the council's standards process. I have already held a productive initial meeting with officers and the independent standards personnel to seek ways to bring improvements before the committee, to feed through to the council.

Early in October, the constitutional working party will be meeting to revitalise and update the constitution and standing orders of the council.

The unfolding localism agenda is an opportunity for community and councillor involvement and a revitalised constitution, incorporating changes that have been embraced by authorities across the political spectrum, will



see some exciting and innovative changes to our governance.

There is a genuine enthusiasm to take the authority around the borough. One of the most successful scrutiny meetings in recent years was held in Bow, with a notably high attendance and engagement by the public.

A major task of members who are not part of the executive is to scrutinise the decisions of the executive. Since June of this year there has been a definite move to achieve more transparency within the decision-making process and this can only lead to better government.

In a democracy there will always be political differences, but there is no evidence that any government – local, regional or national – has ever been harmed by questions and scrutiny.

This can only be for the benefit of residents. Government is strong and effective when it is challenged. When unchallenged, we see poor decision-making.

No process is ever ideal, but there is no doubt that the move to a more open authority will benefit all. To achieve this, however, the opposition will have to work as hard as the administration.

By Peter Golds, leader, Tower Hamlets Council Conservative group

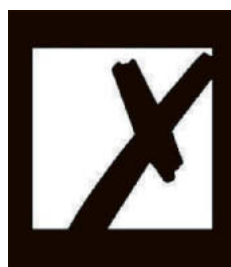
September celebrations

ROSH Hashanah, the Jewish New Year, was celebrated in 2015 from sundown on September 13 to the evening of September 15.

Eid al-Adha, which marks the end of Hajj, the annual Muslim pilgrimage to Mecca,

will start on September 24.

Mayor of Tower Hamlets, John Biggs, said: "The celebrations in September mark a time when our communities come together to give thanks and share friendship."



What matters to young people?

Some of the topics that could be discussed in Parliament include votes at 16, child poverty, transport, climate change, mental health, tackling racism and the living wage.

TO VOTE, GO TO WWW.UKYOUTHPARLIAMENT.ORG.UK/MAKEYOURMARK/



Cllr Whitelock Gibbs and Dr Banerjee at the Stoptober launch

STOPTOBER, the nation's biggest campaign to get people to quit smoking, begins next month. Smokers in Tower Hamlets are being urged to sign up and stub out smoking for 28 days and beyond. Last year, more than 500 residents took part and the borough's stop smoking service is expecting a similar rush this year. Cllr Amy Whitelock Gibbs, council cabinet member for health, said: "Each

year, it costs our local NHS around £14 million to support people with smoking-related illnesses. And the human cost is even higher; smoking is the biggest cause of premature death in the borough." Evidence shows that if a smoker can go 28 days without a cigarette, they are five times more likely to give up for good. This year, the start of Stoptober coincides with new legislation in

England and Wales, making it illegal to smoke in a car with someone under the age of 18 present.

Dr Somen Banerjee, council director of public health, said: "More than 430,000 children are exposed to second-hand smoke in cars each week, according to the British Lung Foundation, increasing the risk of chest infections such as bronchitis." Visit www.smokefree.nhs.uk/stoptober

Vote for youth issues

BY MICHAEL DIOP

YOUNG people are being asked to make sure issues that matter to them are discussed in Parliament.

The National Youth Parliament debate at the House of Commons on November 13 will cover topics suggested by young people.

The young mayor of Tower Hamlets, Deng Yan San, and the borough's Youth Council are keen to ensure local young people are involved.

Youngsters have until Friday, October 9 to choose from ten issues, including lowering the voting age to 16, improving mental health services, protecting youth services from cuts and tackling racism and religious discrimination.

The UK Youth Parliament has more than 600 members who



Young Mayor Deng Yan San

represent young people at a national, regional and local level.

Last year's Make Your Mark ballot saw an increase of 400,000 to more than 875,000 young people, making it the largest youth consultation in the country.

This year, Members of the Youth Parliament (MYPs) have set themselves an ambitious target of getting one million people to take part.

"I was honoured to be elected young mayor in an election which saw a massive turnout of almost 72 per cent," Deng told East End Life.

"It's clear that young people are engaged in the issues which affect their lives, and they want to play an active role in shaping policies. I'm urging all young people to get involved in Make Your Mark. Look at the issues and choose those which you feel most passionately about.

"I'm confident that we can get 5,000 young people in the borough to get involved and play our part in encouraging one million voices to be heard."

The five most popular topics chosen will be discussed by MYPs in their November debate, chaired by the Speaker, John Bercow MP, and broadcast live on BBC Parliament.

Voting takes place online and

through ballot papers issued in schools and youth clubs. Schools that have already signed up include George Green's, Central Foundation Girls' and Madani Girls.

Students can speak to a member of staff to get the whole school involved, or sign up to Make Your Mark themselves.

Mayor John Biggs said: "All of the subjects in the final top ten are really important issues that have a direct effect on the lives of thousands of young people in Tower Hamlets.

"I am pleased to join our young mayor in encouraging as many young people as possible to get involved."

To vote for your top topic visit www.ukyouthparliament.org.uk/makeyourmark/ and click on Vote Now. You can also follow on Twitter via #MakeYourMark and tag @UKYP



Everybody played their part

"This outcome was a real team effort with the leadership team, governors, teaching staff, administrative staff, pupils, parents and wider school community all playing an important part."

CYRIL JACKSON HEAD TEACHER GILLIAN KEMP

Representing change

"We decided we would do a cloth for each one – Advent, Christmas, Lent, Easter, Pentecost and ordinary time."

MOTHER BERNADETTE HEGARTY

Schools news



PUPILS at Halley Primary School in Mile End can explore exciting new worlds by reading books bought with a £10,000 grant from Canary Wharf Group (CWG).

School business manager Karen Little ordered the books during the summer break and pupils helped unpack the first set of deliveries – fiction titles – which arrived at the start of the new term.

Dale Pile, education liaison officer, for CWG, visited Halley to see the expanded library.

Head teacher Wendy Otterburn-Hall said: "The amazing generosity of CWG will inspire and motivate pupils to read more." Ms Wendy Otterburn-Hall, Dale Pile from CWG and school librarian Lucy Chambers are pictured, above, with pupils Saraah, Aizah, Ronnie and Arman.

Embroidered altar cloths are a gift for all seasons

EMBROIDERED altar cloths were presented to St Paul with St Luke C of E Primary School in Bow at a special assembly on September 7.

The cloths, which took a year to make, were created to mark the close relationship between St Paul's Bow Common Church and the school.

"Ms Wright, the deputy head, came up with the idea of a cloth to put on the table used in collective worship," said vicar Mother Bernadette Hegarty.

"When we discussed it in church, we decided we would like to make it.

"As the church uses different colours during the year to mark different seasons, we decided we



Burnette, Jeanette, Mother Bernadette, Safia and Debra

would do a cloth for each one – Advent, Christmas, Lent, Easter, Pentecost and ordinary time.

"There are additional cloths representing two occasions that we know are special to the school – harvest and remembrance."

Community organisation

Stitches in Time offered to put the fabric together and a group met weekly to embroider the cloths with seasonal symbols.

The church held a service where the cloths were blessed and presented to head teacher Ms Horton, who expressed her thanks on behalf of the school.



Cyril Jackson pupils celebrate their Ofsted seal of approval

Ofsted acclaim for Cyril Jackson

BY JESSICA ODUBAYO

CYRIL Jackson Primary School in Limehouse has been rated by Ofsted as 'outstanding'.

Results of an inspection in July by the education watchdog were spelt out at the beginning of term this September.

And the school was found to be outstanding in leadership and management, behaviour and safety of pupils, quality of

teaching, achievement of pupils and early years provision.

Head teacher Gillian Kemp said: "We're thrilled with this result. The staff and governors are very talented and hard-working – it also shows how hard our children work, how sensibly they behave, and how well they develop in their learning and independence.

"It also shows how lucky we are to have such supportive parents who work closely with

us to help everybody achieve as much as they can."

Ms Kemp continued: "This outcome was a real team effort with the leadership team, governors, teaching staff, administrative staff, pupils, parents and wider school community all playing an important part.

"Our aim for the future is to maintain our high standards and we know our parents, staff and governors will continue to support us as we do."

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Tell us your ASB and crime concerns

The next residents' question time event with the council's safer neighbourhood board takes place at the Osmani Centre, 58 Underwood Road, E1 on Wednesday, September 30 at 6.30pm.

PICTURED LEFT, BOROUGH COMMANDER ANDY EWING

Useful information

Help us identify crime hotspots

News from the council's community safety team

NEXT week, Tower Hamlets safer neighbourhood board hosts its third residents' question time.

Metropolitan Police borough commander Andy Ewing will be joined by representatives from the council's community safety team to answer questions from local people.

The first of these public meetings took place in June on the Isle of Dogs with a second session held last month in Poplar with panel members including Cllr Shiria Khatun, council cabinet member for community safety, and commander Ewing.

They have been a really useful exercise in helping us to identify problem areas and crime hotspots, to enable the council and the police to be more targeted with our resources.

This latest event, on Wednesday, September 30 in Spitalfields and Banglatown, takes place at the Osmani Centre, 58 Underwood Road, E1 at 6.30pm. It will be another chance to hear directly about any community safety or anti-social behaviour (ASB) concerns you may have.

The board was established in August last year as part of the mayor of London's plans for boroughs to be more open about crime and policing.

The meeting will be attended by the London Mayor's Office for Policing and Crime (MOPAC), and members from local police ward panels, Neighbourhood Watch, Independent Custody Visitors and the Independent Advisory Group.

The key objective of these meetings is to allow residents to raise concerns directly to the police and council – so I urge you to take this opportunity to attend.

If you can't make any of these sessions, then you can always report ASB, including

noise or other environmental concerns, through the council's website.

As well as contacting the council, we encourage residents to call 101, the police non-emergency phone number, to report ASB, crime or other concerns that do not require an emergency response.

You may remember that crime and ASB concerns were the reasons behind 20 community safety surgeries and walkabouts that have taken place across the borough.

The surgeries and walkabouts took place over the past year and we have now produced 'action taken' leaflets for each area.

These can be viewed on our website and they explain what issues were identified at these sessions.

They describe what the council, police, relevant housing associations or other agencies have done to alleviate some of these concerns.

You can view our action taken leaflets at <http://bit.ly/1vNPkBi>

The council is also looking into promoting awareness among young people of the ten strands that form the community safety team's strategy to combat Violence Against Women and Girls (VAWG).

The VAWG plan was enacted in January 2013 and encompasses our work to help prevent sexual violence, domestic abuse, people trafficking, prostitution, child sexual exploitation, female genital mutilation (FGM), forced marriage, so-called 'honour-based' violence, dowry related abuse, and stalking and harassment across the borough.

We will be concentrating on raising awareness of all these crimes among the borough's young people over the coming months, leading up to when we join in with the annual White Ribbon and 16 Days of Action international campaigns.

By Andy Bamber, council head of community safety

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street:

Mon-Fri 9am-8pm,
Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hanaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgale Street, E3. 8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-3.30pm. 7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3

1-9 Birkbeck Street, E2. 7739 7720 www.account3.org.uk

Bangladesh Youth Movement

21-23 Henriques St, E1. 7488 1831/2

Bromley by Bow Centre

St Leonard's Street, E3. 8709 9737 www.bbbc.org.uk
Citizens Advice Bureau (CAB) 32 Greatorex Street, E1. 7247 1050 www.adviceguide.org.uk

Island Advice Centre

Island House, Roserton Street, Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

Legal Advice Centre

University House, 104 Roman Road, E2.

8980 4205 www.legaladvicecentre.org.uk

Limehouse Project

Cheadle Hall, Cheadle House, Copenhagen Place, E14. 7538 0075 www.limehouseproject.org.uk

Praxis (New Residents Service)

Pott Street, E2. 7729 7985 www.praxis.org.uk

Tower Hamlets Law Centre

(specialist advice by appointment). Tower Hamlets Law Centre, Unit 1, St. Anne's Street, off 789-791 Commercial Road, E14. 7538 4909 www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service

28 Commercial Street, E1. 7392 2953 advice@toynbeehall.org.uk www.toynbeehall.org.uk

Fair Money Advice

530 Commercial Road, E1. 7702 8032 www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton Street Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

National Debt Line

0808 808 4000 www.nationaldebtline.co.uk



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.



Commemorating WWII victims

"It's about commemorating those who lost their lives and remembering what we as an area and a community have sacrificed to get where we are today."

CLLR ASMA BEGUM, COUNCIL CABINET MEMBER FOR CULTURE

Deadline looming

The deadline for applying for cycling grants is Monday, September 21. For more information and to apply, visit...

WWW.CYCLINGGRANTS.LONDON

News

Memorial to 43 killed by Blitz bomb

A NEW memorial to honour those who died in a Second World War bombing has been unveiled in Bethnal Green.

On Monday, September 7, 1940 – the first night of the Blitz – 43 people were killed when an air-raid shelter in Columbia Market suffered a direct hit.

At a memorial service, attended by survivors, their families, Mayor John Biggs and local dignitaries, a plaque was unveiled in the Rose Garden at Ravenscroft Park.

The ceremony was the culmination of many years of hard work by the Columbia Market War Memorial Group and took place exactly 75 years to the day after the tragedy.

Trevor Wood from the group told East End Life: "The 43



men, women and children were killed when a bomb was dropped on the old Columbia Market Hall, the cellar of which was being used as an official air raid shelter.

"The dead amount to 15 per

cent of all those lost on the first night of the Blitz.

"We decided to try to raise funds to commemorate it as we felt it important that they should no longer be forgotten.

"Many of the victims were

buried in mass graves and had no markers so this stone will act as a Cenotaph for local civilians.

"All funds have been raised by victims and survivors' families and local people including through pub quizzes and raffles."

News in brief

Garden group call

THE council's Clean and Green team is looking to bring together a group of people to care for a community garden on Lark Row (off Vyner Street, beside Regent's Canal).

The site contains a number of raised beds that could be used to grow food, herbs or flowers.

Tools, initial plants and advice on how to care for them will be provided for free in exchange for time and commitment to maintaining the garden.

Call 7364 6696 or email cgv@towerhamlets.gov.uk

Cash for cycling

COMMUNITY groups can apply for up to £10,000 to support cycling projects.

Groups are encouraged to claim grants for initiatives such as cycle training, bike

maintenance and guided rides.

The deadline for applications is Monday, September 21.

For more information and to apply, visit www.cyclinggrants.london

Health meeting

TOWER Hamlets Clinical Commissioning Group (CCG) holds its annual general meeting on Tuesday, September 22 from 6pm at Toynbee Hall, 28 Commercial Street, Spitalfields.

It will provide a chance to meet the people who lead the local NHS and help develop health services in the borough.

There will be presentations and stalls, and the CCG's annual report and accounts will be presented.

Anyone who is interested in attending should email radha.gurung@towerhamletsccg.nhs.uk or call 3688 2500.

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Wednesday 9:30am - 6pm
Thursday 9:30am - 7pm
Friday 9:30am - 6pm
Saturday 9:30am - 6pm
Sunday Closed



* Opening offer ends on November 30th 2015. Offer is limited to instore sales only. One time use only.

Tales from the crypt

The museum is located in the former crypt of St Philip's Church in Newark Street, Whitechapel.

SEE BELOW



Forensic evidence from the past

The museum has a showcase on forensic medicine featuring original material on the Jack the Ripper murders and Thomas Horrocks Openshaw, who helped to investigate the crimes.

SEE BELOW

News

A museum hidden inside a church crypt has been recognised by VisitEngland. **Jessica Odubayo** reports.



The museum is small, but full of fascinating glimpses into medical history

Museum has a mark of quality

A TINY museum, tucked away in a church in Whitechapel, has won praise from the national tourist board for England.

The Royal London Hospital Museum was recognised by VisitEngland for giving visitors a "quality experience" due its powerful storytelling – one of the first attractions in the country to be given the award.

The museum, which opened in 1989, showcases the history of the world-famous hospital.

Many visitors, including hospital staff and former patients, drop by to learn about the innovative treatments and foundation for modern-day nursing pioneered at the London, which have paved the way for much of today's world-leading NHS care.

Jonathan Evans, archivist at Barts Health NHS Trust, said: "I am delighted that our years of work to bring to life the fascinating history of The Royal London Hospital has been recognised through this accolade.

"Our little museum aims to tell the hospital's story as a stalwart of the local community.

"We would encourage everyone to visit us to discover the origins of some of the life-saving medical procedures developed right on our doorstep and now regularly in use across the world, as well as to have fun exploring the workings of the country's greatest medical minds over the last 275 years."

Among the museum's popular works are displays and films on the life of Joseph Merrick, commonly known as the Elephant Man, who lived at The Royal London Hospital until his death in 1890, and his doctor, the Royal surgeon Sir Frederick Treves.

The iconic hat and veil worn by Merrick to obscure his face



Our museum aims to tell the hospital's story as a stalwart of the local community."

Jonathan Evans,
archivist

in public is displayed in the museum. Visitors can also see false teeth made for the first President of America, George Washington and a letter written by him to his dentist in 1795.

People can also explore a showcase on forensic medicine featuring original material on the notorious Whitechapel Jack the Ripper murders, and hospital surgeon and curator Thomas Horrocks Openshaw who helped to investigate the crimes.

For would-be nurses, the museum offers much on the long history of nursing, as well as a display showing original uniforms worn through the years.

Information includes the life and work of Edith Cavell, a nurse who was executed by a German firing squad in 1915 for helping some 200 Allied soldiers escape

A bust of nurse Edith Cavell, who was executed by firing squad

German-occupied Belgium during the First World War.

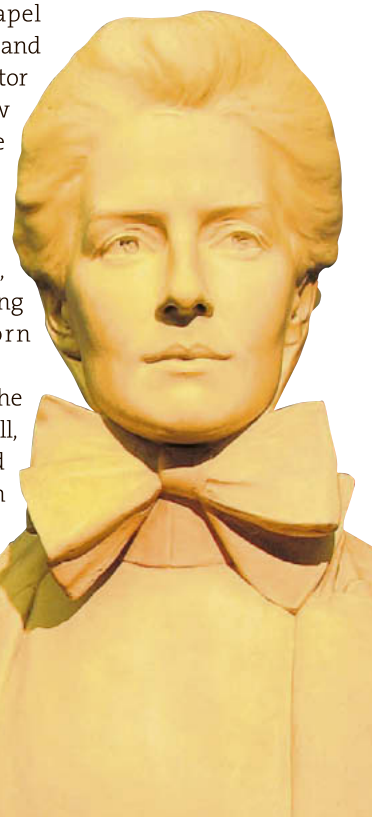
A pioneer in nurse training, Cavell trained and worked at The Royal London, and the museum is involved in national events to mark the centenary of her death this October.

The museum also has a permanent exhibition of artefacts and archives relating to the hospital and the history of healthcare in the East End including surgical instruments, medical and nursing equipment, uniforms, medals, works of art, written archives and printed books.

The museum is located in the former crypt of St Philip's Church in Newark Street, Whitechapel.

Visitors can go to the museum Tuesday to Friday, from 10am-4.30pm, but are advised to check that it will be open by calling 7377 7608.

Entry is free, but donations are welcome.



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Many benefits of taking part

“Participating in the arts at a young age has many advantages. It helps to build confidence, gives you the chance to make new friends, and gives you transferrable skills.”

CLLR ASMA BEGUM, CABINET MEMBER FOR CULTURE

Room for Growth

Charity Streets of Growth has opened a temporary centre in disused offices at Marsh Wall, Isle of Dogs.

WWW.STREETSOFGROWTH.ORG

News

Caught up in the Rapture

BY SAM GOUGH

IF you live, work or study in Tower Hamlets and are looking for an outlet for your creative energies, the council's 'A' Team Arts has news for you.

From September 24, young people in the borough can take part in free rap, music production and drama sessions every Thursday evening at the Brady Arts Centre in Hanbury Street.

Anyone unable to attend the first session because they are celebrating Eid can still go along the following week on October 1.

Participants will work with other young people on Rapture – a production that will allow you to compose your own raps and spoken word pieces, as well as take part in the Edinburgh Fringe Festival.

Rapture will tell the story of a young



'A' Team Arts rehearsals at last year's sessions

Muslim woman called AJ, who lives in Tower Hamlets and wears a hijab. She writes rap lyrics, but knows her parents would not approve of her involvement in the hip hop scene.

As a result, she enrolls the help of her best friend, Sam, to dub perform them.

Sam gets the acclaim and the credit for AJ's political, honest lyrics, and AJ's talents go largely unnoticed.

'A' Team Arts is looking for young people to join these sessions and help to devise the show.

It is looking for young actors who can

rap, and young rappers who can act, as well as actors for lead and supporting roles. Auditions will be held during October half-term for those who attend the workshops.

Cllr Asma Begum, council cabinet member for culture, said: “Participating in the arts at a young age has so many advantages.

“It helps to build confidence, gives you the chance to make new friends, and gives you transferrable skills that will help in future career choices.”

Sessions run from 6.30-9pm at the Brady Centre, 192-196 Hanbury Street, E1.

Anyone aged between 13 and 19 can attend the sessions. People aged up to 25 who have special education needs are also welcome.

If you are interested, call 7364 7911 or email geraldine.bone@towerhamlets.gov.uk

News in brief

Get with the program

A COMPUTER coding club is running a free programming course for eight- to 14-year-olds.

Wizzie Wizzie runs every Saturday at Rochelle School, Arnold Circus, Bethnal Green until December 12.

Tutors are professional programmers and all are CRB checked.

Visit wizziewizzie.org to register or for further information email milverton@diversedigital.org

Charity opens centre

YOUTH charity Streets of Growth hosted a celebration to highlight achievements of young people and the opening of a new temporary centre.

Young people, parents, donors and partners converged on disused offices at Marsh Wall, Isle of Dogs, which the charity designed and re-built with the help of young people.

Lady Peel, Sir Winston Churchill's granddaughter and patron of the charity, officially opened the new centre.

“A high performing school in the borough”



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Friday 2nd October

Wednesday 7th October

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Open Days for Year 6

Monday 28 September 2015, 4pm - 7pm

Thursday 1 October 2015, 4pm - 7pm

Saturday 10 October 2015, 11am - 2pm

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Tucked away, almost out of sight

The Betahayim Nuevo, or New Cemetery, opened in 1725. Set behind the Faculty of Laws of Queen Mary University of London, the graves can be seen from a car park behind the arts building.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Buried beneath the sands of time

BY JOHN RENNIE

LAST week we looked at the jumble of tiny churchyards in and around the City of London, and the massive pits sunk to contain the victims of London's frequent outbreaks of plague.

Sometimes London seemed too small to contain its dead – the Square Mile and its overflow, overcrowded slums of Spitalfields and Shoreditch could barely contain their living.

But even the 'new' East End, the hamlets of Mile End, Bow and Bromley, which became swallowed by the creep eastwards of London in the 1800s, have their old burial grounds, many now hidden, forgotten or simply paved over.

Some had very brief lives indeed. The most famous is the giant Tower Hamlets Cemetery, now beautifully brought back to life (so to speak) as Tower Hamlets Cemetery Park. But there are other, smaller gems, if you know where to look. Some, however, will demand that you look very carefully indeed.

St Mary's Churchyard, Bow is still there of course, though precariously marooned as an island of the dead in the middle of the Bow Road, just west of the Bow flyover.

Nearby is the rather sad residue of another St Mary's, that of Bromley St Leonard. The Saxon church was bombed in the war, and the A12 now runs over its old footprint. The graveyard remains as a wild space of overgrown grass and half toppled tombstones.

The old Roman Catholic burial ground at Wade's Place, meanwhile, has been reinvented as the playground of the Holy Family RC Primary School. Bow's old Baptist chapel is long gone too, now under a modern building as, presumably, are most of the graves.

Down to the East India Dock Road, and another non-conformist burial ground. All that remains of the Trinity Congregational Chapel's burial ground is a large grassy space, with the gravestones all cleared away.

Alternatives to the mainstream Church of England proved hugely popular in the East End of the 1800s – the spirit of 'Congregationalism', whereby each church ran its own affairs rather than bowing to the central control of Canterbury, seemed to particularly appeal to the independent and frequently anti-authoritarian East Enders.

So on Cable Street we find the St George's Wesleyan Chapel ground, now transformed



Above: St Mary's Churchyard, marooned in the middle of Bow Road



Left: Altab Ali Park in Whitechapel, the site of the old parish of St Mary's

into gardens. The nearby New Road Congregational Chapel yard, off Cannon Street Road, is now a large grassy area, tucked behind Norton House on the Bigland Estate.

And the Ebenezer Chapel burial ground, on St George's Street, is now an innocuous strip of grass and footpath, next to St George's swimming pool on The Highway.

Another curiosity of the lost East End is the Scandinavian influence (which we looked at a few years ago in the piece about lost 'Wellclose').

The Swedish church in Prince's Square sadly disappeared in 1908, leaving the burial ground, a "rather scruffy grass area with a font-like memorial from Sweden".

The Danish (or 'mariners') church in Wellclose Square is similarly departed

(along with Wellclose Square itself, the victim of short-sighted post-war developers), and the old graveyard now lies beneath the playground and garden of St Paul's Primary School.

Back towards Wapping we discover the Congregational Chapel-ground in Old Gravel Lane (now renamed Wapping Lane). You'll struggle to find any evidence of the site now, with the footprint now hidden beneath a row of shops with apartments above.

The difficulty of finding the old sites is only increased by the fact that many of the streets have themselves undergone name changes. The Baptist Burial-ground lay on Wapping's Broad Street, now renamed Reardon Street, and it had a long history. Established as far back as 1633, it was at the

nexus of Johnson Street (now Chandler Street), Love Lane (now Meeting House Lane) and the aforementioned Broad Street.

Clear enough? And for good measure, the old chapel and graveyard were themselves buried beneath a school, built in the late 19th century.

On into Whitechapel and we're on the site of the old parish church of St Mary's, lost to enemy bombing during the Second World War (the parish also gave its name to the old Whitechapel St Mary's Tube station, of which no trace at all remains these days, above ground at least).

The churchyard was cleared to become St Mary's Park and is now Altab Ali Park. Among the famous occupants of the old cemetery are Sir John Cass and Richard Brandon, a 17th-century English hangman often named as the executioner of King Charles I. The nearby Friends burial ground in Baker Row, meanwhile, was reinvented as Vallance Gardens, with a children's playground alongside.

Of course, outside the Christian faith, perhaps the biggest influence on the East End was Judaism.

Today, you'd struggle to find much of a Jewish flavour to the eastern fringes of the City, but the influx of Jews into the East End during the late 19th century, driven by the pogroms and persecution in Eastern Europe, saw an already sizeable London Jewish population grow to around 150,000.

Over the course of the 20th century that population dispersed again, as people moved upwards and outwards, to north and east London, and Essex. They left several old cemeteries behind them — now unused, but frequently still carefully tended.

There is the famous Betahayim Velho, or Old Sephardi Cemetery: tucked behind 253 Mile End Road, it's the oldest Jewish cemetery in Britain, opened in 1657.

Nearby is the Betahayim Nuevo, or New Cemetery, opened in 1725. Set behind the Faculty of Laws building of Queen Mary University of London, the graves can be seen from a car park behind the arts building. The old wall of the cemetery forms the border on the Mile End Road.

Alderney Road, meanwhile, has the country's oldest Ashkenazi cemetery, opened in 1696, Brady Street the later Ashkenazi cemetery, dating from 1761, and Bancroft Road the Cemetery of the Maiden Lane Synagogue.

So grab your map and start digging up the past... but not literally, of course.

References: jewishmuseum.org.uk
londonburials.co.uk
exploringeastlondon.co.uk

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Wednesday, September 23

7pm: Audit committee
Business includes annual financial report, quarterly assurance report, annual risk management report, and an update on social housing fraud.

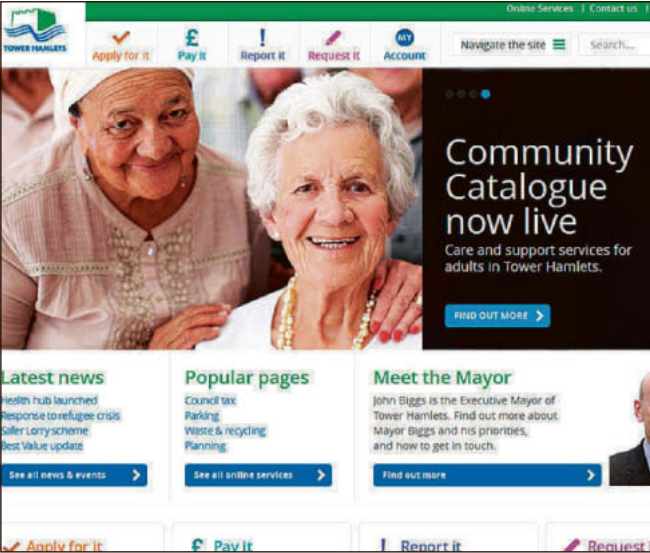
For details call Antonella Burgio on 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Thursday, September 24

7pm: General purposes committee

The meeting will consider reports on the legacy of the 2014/15 elections and radicalisation and extremism in schools. For details call Elizabeth Dowuona on 7364 4207 or email elizabeth.dowuona@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

E1
Vallance service station, 112 Vallance Road – fascia, kiosk, canopy and totem signs.
Brittania House, 80 Hanbury Street – two new louvres into southern and eastern elevations.
Cheverell House, Teale Street – non-material amendment to planning permission, ref: PA/14/00964. Addition of automated smoke vent roof light window above existing stairwell in east and west wings.

E2
41-43 Redchurch Street and 9 Chance Street – second-floor single-storey extension and alterations to a second-floor residential unit.
Car park to rear of Cheshire Street – turn redundant space at rear into additional commercial space. Create a conservatory and space for outdoor dining area/courtyard at ground floor level. Create large skylights, a green wall, further area for seating/retail space, toilets and a kitchen at basement level. Planning permission, ref: PA/13/0308.

E3
16 Lichfield Road – single-storey rear extension

following demolition of part of existing outbuilding.

E14
21 Jamestown Way – conversion of existing garage into a habitable space and replacement of door with a window.
1-3 Turnberry Quay and 1-5 Lanark Square – details of piling method statement of planning permission, ref: PA/12/02923.
Dockmasters House, 1 Hertsmere Road – refurbishment including internal remodelling.
18 Cordelia Street – single-storey ground-floor rear extension.
8 Lodore Street – single-storey rear extension with 5.5m rear projection.
Queen Victoria Seamans Rest, 121 East India Dock Road – new restaurant terrace on south elevation with entrance steps and platform lift to improve accessibility.
Burdett Community Square, land off Masjid Lane, St Paul's Way – non-material amendment of planning permission, ref: PA/14/03243. Reconfiguration of layout for open space, creation of a larger, fenced play space and the inclusion of slide and merry-go-round and the omission of play logs and boulders.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre,
179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor,
20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village,
Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hoptown Hostel,
60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village
Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

Olympic parking plans

THE council is seeking views on a proposed Controlled Parking Zone (CPZ) on Fish Island.

A consultation event will be held on Thursday, September 24, from 9.30am-8.30pm at Hub67, in Rothbury Road, Hackney Wick, E9.

Workshops and drop-in sessions will inform residents how a CPZ operates and how different operational hours work.

There will also be information on sustainable forms of transport, reducing Co2 emissions and creating and maintaining a safe and efficient traffic flow.

Workshops take place from 9.30am-12noon; 2.30-5pm; and



Have your say on the CPZ

6.30-8.30pm. Drop-ins run from 1.30-2.30pm and 5.30-6.30pm. The council is proposing

parking controls on Fish Island because of increased parking pressure.

The Olympic Park has already begun hosting events such as the Rugby World Cup and will be the permanent home of West Ham Football Club.

Controls will help traffic flow and mean better parking for residents and businesses.

Both Hackney and Newham are introducing controls to manage parking generated by the Olympic Park within their boroughs.

If Fish Island remains free of parking controls, the council fears residents and businesses will find it very difficult to park.

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Admission 50p



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was of the Royal Pharmaceutical Society in Wapping.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Employment & skills service
(Skillsmatch) – 7364 3727
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes
– 7364 5015
Healthline – 7364 5016
Anti-Fraud – 0800 528 0294

General enquiries

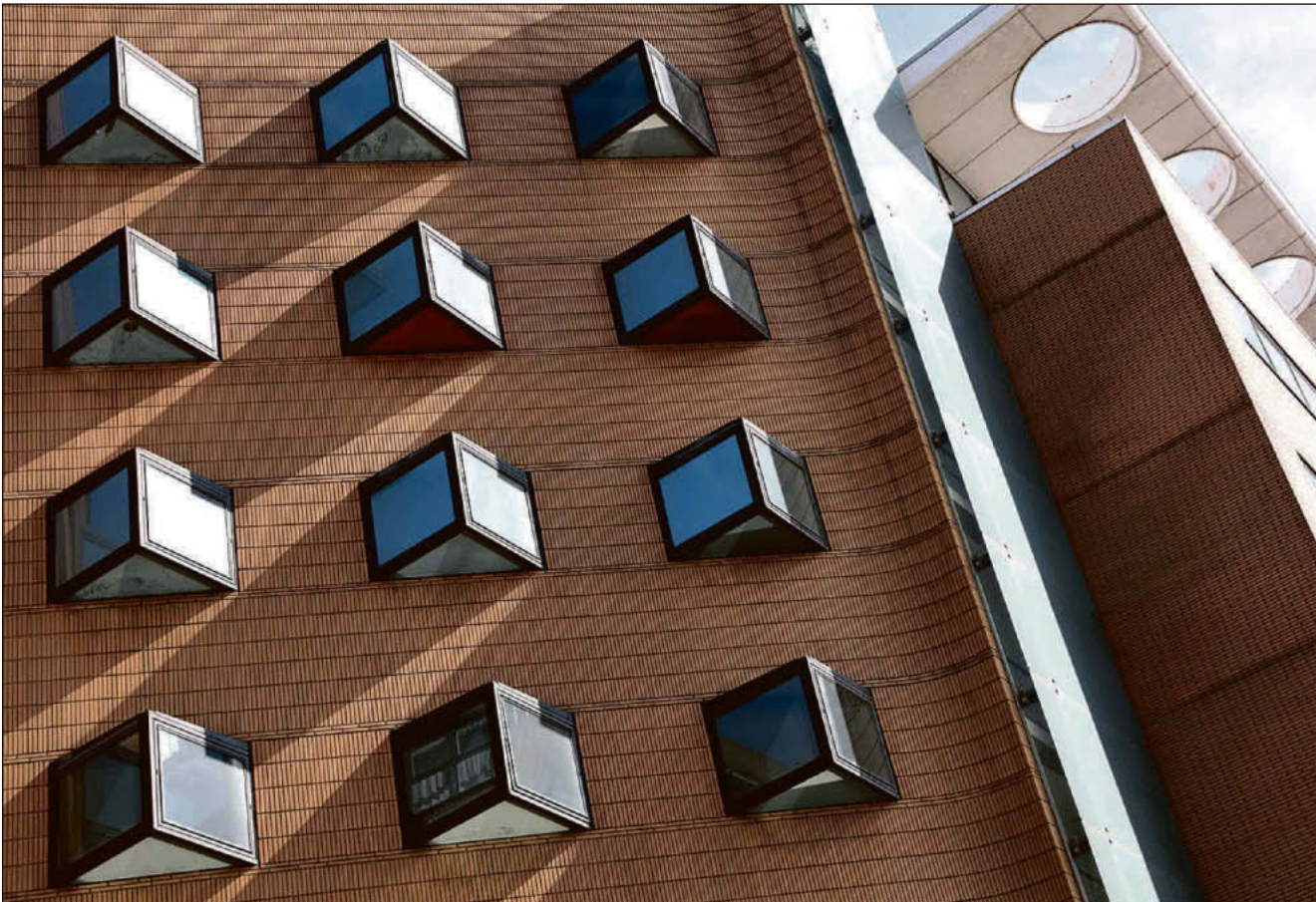
Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these
24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress,
there is an emergency or if
anyone is in immediate
danger dial 999.

The council's domestic
violence team can provide
information, signposting and
referrals to local services.
Bengali speakers available

0800 279 5434 (office hours)

**24-hour domestic violence
national helpline**

0808 2000 247

**Haven Whitechapel (sexual
assault referral centre)**

7247 4787

**Karma Nirvana (Honour
Network Helpline)**

0800 5999 247

**Broken Rainbow
(LGBT domestic violence)**

0845 260 4460

**Black Women's Health
& Family Support**

8980 3503

Rights of Women

(legal advice)

7251 6577

Victim Support Line

0845 30 30 900

**Victim Support Tower
Hamlets**

8555 8254

**NSPCC Child Protection
Helpline**

0800 800 5000

Childline

0800 1111

Shelterline

0808 800 4444

Respect (for perpetrators)

0845 122 8609

**Reunite (advice about
child abduction)**

0116 2556 234

Men's Advice Helpline

0808 8010 327

Samaritans

08457 909090

**Tower Hamlets Mediation
Service offers confidential
and impartial advice with
neighbour conflict**

Free service for council tenants
and leaseholders. 7702 8305

Trading standards

Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead,
off Bethnal Green Road, E2
Bow & North Poplar – John
Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market
Square, Chrisp Street, E14
Stepney & Wapping –
Idea Store Watney Market,
260 Commercial Road, E1.
**Open Mon-Fri, 9am, doors
close at 4.30pm. Sat, 9am,
doors close 12.30pm at
Rushmead and Idea Store
Watney Market only.**

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill
Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel
Road, E1. 7364 4332
Watney Market –
Commercial E1. 7364 4332
All open: Mon to Thurs,
9am-9pm; Fri, 9am-6pm;
Sat, 9am-5pm. Sundays –
Bow and Chrisp Street
open, 10am-4pm;
Whitechapel, 11am-5pm; and
Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge
Heath Road, E2. 8980 3902
Cubitt Town – Strattondale
Street, E14. 7987 3152
All open: Mon, Tues, Weds
& Fri, 10am-6pm; Thurs,
10am-8pm; Sat, 9am-5pm.
**Local History Library and
Archives** – 277 Bancroft Road,
E1. Open Tues, 10am-5pm;
Weds, 9am-5pm; Thurs,
9am-8pm; Sat (1st & 3rd of
the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



ওসেন এস্টেটে বহু মিলিয়ন পাউন্ডের উন্নয়ন কাজ এগিয়ে চলছে

ওসেন এস্টেট পৃষ্ঠপোষক প্রকল্পের সাম্প্রতিক পর্যায়ের কাজ দেখতে মেয়র জন বিগস্ গত সপ্তাহে প্রকল্প এলাকা পরিদর্শন করেন। বিশাল এই উন্নয়নের প্রকল্পের এই পর্বে তিনটি পুরনো ও ব্যবহার অনুপযোগী বিল্ডিং (এ্যালনবি, শ্যানেল এবং স্টাডল্যান্ড হাউজ) ভেঙ্গে ফেলা হচ্ছে। বিস্তারিত পড়ুন নিচে -

DEMOLITION MARKS NEXT STAGE IN TRANSFORMATION OF OCEAN ESTATE

Harmony

Qorshaha dhisida iskuulada degmada

Plans for more school places – issue 1077

QORSHE ujeedadiisu tahay in Tower Hamlets laga dhiso iskuulo cusub, oo ay ku jiraan iskuulada caruurta yaryar lagu hayo.

Qorshahan waxa lagu ansixiyey kulankii wasiirada councilka ee qabsoomay 8dii Setembar.

Miisaaniyada la ogolaadayna waxa ka mid ahaa in la balaadhiyo Whitehorse One O’Clock Club oo ku yaala Stepney, iyo in la bedelo qalab cusubna lagu sameeeyo xafiiska dhir ilaaliyayaasha Bethnal Green ee ku dhex yaala Bethnal Green Gardens.

Mashruucan Bethnal Green wuxu u gogol xaadhayaa in la helo 60 meelood oo maalinta oo dhan lagu hayo carruurta da,doodu tahay laba sanadood, marka Whitehorse balaadhintiisu dhamaatana waxa la helayaa 80-100 meelood oo saacado maalinta ka mid ah lagu hayo carruurta iyo 40

meelood oo maalinta oo dhan lagu hayo carruurta da,doodu tahay laba sanadood.

Wax kale oo jiraya in la horumariyo barkulan ay qoysasku leeyihiin oo laga samaynayay agagaarka Ocean Estate, halkaasoo dhamaan adeegyada laisugu keenayo.

Councilku wuxu qorsheeyey in la dhiso iskuulo dheeraad ah, si loo daboolo baahida iskuulada ee sii kordhaysa, waxana qorshaysan in la meeleeyo 9,000 arday, oo dheeraad ah oo isugu jira ardayda dhigata iskuulada hoose iyo sare ilaa 2025ka.

Qorshaha waxa lagu saleeyey qiyaasta baahida ilaa hada, waxana jira 3000 meelood oo dugsiyada hoose lagu kordhiyey ilaa 2008dii, mana jiro ilmo iskuul loo waayey.

Warbixin ay soo bandhigeen wasiirada councilku, waxa ku jirey hindise ah in iskuul sare oo cusub laga dhiso London Dock, iyo in iskuul hoose laga

dhiso Neptune Wharf. Waxa kale oo a isla ogolaaday in la horumariyo Wood Wharf, lagana dhiso iskuul hoose oo cusub.

Duqa John Biggs ayaa wuxu yidhi: “Inkastoo uu cadaadis badani ka jiro Tower Hamlets, hadana waan ku kalsoonahay inaanu daboolayno baahiyaha dadweynaha, waxaanuna hubinaynaa inaanay degmadan ka jirin ilmo aan iskuul helin.”

Rachael Saunders, oo ah ku xigeenka duqa iyo xubin wasiir oo qaabilsan waxbarashada iyo adeegyada caruurta, ayaa yidhi: “Balaadhinta Whitehorse One O’ Clock Club iyo meesha cusub ee caruurta lagu xanaaneeyo ee Bethnal Green ayaa waxay daboolayaan baahidii loo qabay meelaynta caruurteena yaryar.

“Waxaan soo dhaweynayaa in la hubiyo in ilma kastaa helo meel lagu xanaaneeyo ama iskuul ay ku koraan kuna faraxsan yihiin.”

Ganaaxa dabaynta tilifoonka

Fine for selling unsafe phone chargers – issue 1077

GANACSADE suuqa Whitechapel ku ganacsanaya ayaa dembi lagu xukumay, kadib markii lagu qabtay isagoo dadweynaha si badheedh ah uga iibinayaa waxyaabaha tilifoonada lagu dabeeyo oo halis ah.

Abdul Al-Saedy’s ayaa miiska uu alaabta ku iibiyo, waxa baadhay booliiska iyo saraakiisha heerka ganacsi ee councilka bishii Oktoobar iyo Noofambar 2013kii, wuxuna qayb ka ahaa falkii ciidan ee Big Wing iyo Dulux.

Baadhitaanka kediska ahaa waxaa loo qorsheeyey in laga hortago meelaha lagu hayo ama lagu iibinayo waxyaabaha tuugada ah, tilifoonada iyo walxaha lagu dabeeyo ee foojariga ah. Walxaha tilifoonada

lagu dabeeyo ee gacanta lagu dhigay, waxa la ogaaday inay yihiin khatar sababi karta dhimasho ama dhaawac halis ah marka la isticmaalayo.

Al-Saedy oo cinwaankiisu yahay Hall Tower, Maida Vale, ayaa qirtay inuu galay dembiyada ku qeexan xeerka ilaalinta macaamiisha ee soo baxay 1987kii.

Al-Saedy waxa maxkmada la hor keenay 20kii Oogosto, waxana la ganaaxay £300, waxana lagu amray inuu bixiyo qiimihii maxkamada oo ahaa £1,200 iyo takhsiirta dhibanaha oo dhamaa £30.

Walxaha tilifoonada lagu dabeeyo ee qaataan dadka socdaalaya ayaa wuxu ka horyimi sharciyada ay tahay in laga helo qalabka korontada la xidhiidha ee xeerka amniga ee

soo baxay 1994kii. Xildhibaan Shiria Khatun, oo ah kuxigeenka duqa degmada iyo xubin wasiir oo qaabilsan amniga bulshada, ayaa waxay tidhi: “Wada shaqaynta wanaagsan ee ka dhaxaysa booliiska iyo saraakiishayada heerka ganacsiga ayaa waxay suurtagal ka dhigtay in suuqa laga dhameeyo qalabka khatarta iyo foojariga ah.

“Sharciyada wuxu muujiyey inaanu badbaadinta dadweynaha si dhab ah u qaadano, iyo inaanu joojinta iibinta qalabka khatarta ah si adag wax uga qabanayno.”

Hadaad ka shakido been abuur iyo alaab foojari ah oo laga ganacsanayo, waxaad wacdaa 7364 5008, ama email u dir tradingstandards@towerhamlets.gov.uk

কাউন্সিলের অগ্রগতির রিপোর্ট জানানো হলো সরকারকে

Tower Hamlets getting back on track – page 5

কাউন্সিলের মূল প্রক্রিয়াসমূহে কী ধরনের অগ্রগতি সাধিত হয়েছে, সে সম্পর্কে টাওয়ার হ্যামলেটস্ কাউন্সিল ১৫ সেপ্টেম্বর সরকারকে অবহিত করেছে।

বেস্ট ভেলু পরিকল্পনায় যে দিকগুলো নির্দিষ্ট করা হয়েছিলো, সেগুলোতে গত ৬ মাসে অর্জিত অগ্রগতি সম্পর্কে একটি প্রতিবেদন সেক্রেটারী অব স্টেট গ্রেগ ব্রাক এর কাছে জমা দিয়েছে কাউন্সিল।

আর্থিক অনুদান বরাদ্দ, কাউন্সিলের এসেট বিক্রি এবং পাবলিটি বা প্রচারণার ব্যবহার নিয়ে সরকারের উদ্বেগের প্রেক্ষিতে কাউন্সিল একটি বেস্ট ভেলু প্ল্যান তৈরী করেছিলো। সরকার ঐ সময় কাউন্সিল পরিচালনার জন্য একটি নির্দেশনাবলী জারি করে এবং কয়েকজন কমিশনারকে নিয়োগ দেয়।

কাউন্সিলের পরিকল্পনায় চিহ্নিত আইটেম সমূহের ৯১ শতাংশই সম্পন্ন হয়েছে অথবা নির্ধারিত লক্ষ্যমাত্রার আলোকে তা যথাসময়ে শেষ হবে।

মেয়র, জন বিগস এ প্রসঙ্গে বলেন, এই ৬ মাস সময়কালে, বিশেষ করে মেয়র হিসেবে আমি দায়িত্ব নেয়ার পর গত তিন মাসে নানা ক্ষেত্রে অনেক লক্ষ্যনীয় অগ্রগতি সাধিত হয়েছে এবং পরবর্তী কয়েক মাসের মধ্যে আরো উন্নতি নিশ্চিত করার মতো ভিত্তি তৈরী করা হয়েছে।

মেয়র বলেন, সরকারের ডিরেকশনস্ বা নির্দেশনাবলীতে যে রিকোয়ারমেন্টগুলো নির্ধারিত করা হয়েছে, তা সন্তোষজনকভাবে অর্জন করাই আমার লক্ষ্য। তবে আমি চাই না শুধু বক্স এর পাশে টিক দিয়ে কাজ সম্পাদন করতে। আমি চাই বেস্ট ভেলু প্ল্যানে চিহ্নিত অগ্রাধিকারগুলো সন্তোষজনকভাবে বাস্তবায়ন করে টাওয়ার হ্যামলেটসের সর্বস্তরের বাসিন্দা, ব্যবসায়ী ও ভিজিটরদের জন্য সেরা মানের সার্ভিস প্রদান নিশ্চিত করা।

উল্লেখ্য, কাউন্সিল সম্প্রতি নতুন চিফ এক্সিকিউটিভ হিসেবে বেক্সলি কাউন্সিলে চিফ এক্সিকিউটিভ উইল টাকলিকে নিয়োগ দিয়েছে।

এছাড়া নতুন ডিরেক্টর অব ল’, প্রোবিটি এন্ড গভর্ন্যান্স এবং কর্পোরেট ডিরেক্টর অব রিসোর্স নিয়োগ দেয়া হয়েছে।

অন্যান্য প্রধান অর্জনগুলোর মধ্যে রয়েছে ব্যয় কমানোর লক্ষ্যে ক্রয় প্রক্রিয়ায় নিয়ন্ত্রণ ও মূল্যায়ন জোরদার করণ; সর্বোচ্চ স্বচ্ছতা ও কমিউনিটি প্ল্যানে নির্ধারিত অগ্রাধিকার সমূহ অর্জনের লক্ষ্যে মেইনস্ট্রিম গ্র্যান্টস প্রোগ্রাম সম্পন্ন করণ; স্বচ্ছতার সাথে কাউন্সিল প্রোপার্টি ডিসপোজাল প্রক্রিয়া বাস্তবায়ন; সংশোধিত কমিউনিকেশনস্ প্রোটোকল কার্যকর করণ। কমিউনিকেশন নীতিমালা পৃষ্ঠপোষকতা করা হবে এবং কাউন্সিলের উইকলি পাবলিকেশন ইস্ট এন্ড লাইভ স্বল্পকালীন সময়ের জন্য পাবলিকভাবে প্রকাশিত হবে।

“কাউন্সিল এবং বারায় ইতিবাচক পরিবর্তন আনতে কমিশনারদের সাথে অত্যন্ত ঘনিষ্ঠভাবে কাজ করার অভিপ্রায়ের” কথা জানিয়েছেন মেয়র বিগস।



Mayor John Biggs with Steve Leakey from Higgins Construction and Jacqui Esimaje-Heath from East Thames

ওসেন এস্টেটের উন্নয়ন কাজ পরিদর্শন করলেন মেয়র বিগস্

Demolition next stage in transformation of Ocean – 1077

ওসেন এস্টেট পৃষ্ঠপোষক প্রকল্পের সাম্প্রতিক পর্যায়ের কাজ দেখতে মেয়র জন বিগস্ গত সপ্তাহে প্রকল্প এলাকা পরিদর্শন করেন। বিশাল এই উন্নয়নের প্রকল্পের এই পর্বে তিনটি পুরনো ও ব্যবহার অনুপযোগী বিল্ডিং (এ্যালনবি, শ্যানেল এবং স্টাডল্যান্ড হাউজ) ভেঙ্গে ফেলা হচ্ছে। এই স্থলে ২২৫টি নতুন ঘর নির্মান করা হবে। এর অর্ধেকেরও বেশি (১২১ প্রোপার্টি) হবে সামর্থ্যবান ভাড়ার ও শেয়ার্ড ওনারশিপের।

প্রকল্প এলাকা পরিদর্শনকালে মেয়র জন বিগস্ এর সাথে আরো ছিলেন কাউন্সিলের গুরুত্বপূর্ণ উন্নয়ন অংশিদার ইস্ট টেমস্ হাউজিং এসোসিয়েশনের জ্যাকি এসিমাজে-হীথ এবং হিগিনস্ কন্সট্রাকশনের সিড লিকি।

বারার স্টেপনী এলাকার ওসেন এস্টেট এর উন্নয়নে গত ২০০৯ সাল থেকে ২০১৩ সাল পর্যন্ত ২২০ মিলিয়ন পাউন্ডের বেশি বিনিয়োগ করা হয়েছে।

এ পর্যন্ত ১ হাজার ২০০ কাউন্সিল মালিকানাধীন ঘর সংস্কার করা হয়েছে। ৮ শতাধিক ঘরে নতুন কিচেন ও বাথরুম স্থাপন করা হয়েছে এবং সকল ঘরে নতুন জানালা লাগানোর পাশাপাশি বিল্ডিংয়ের ভেতরে ও বাইরে প্রয়োজনীয় সংস্কার কাজ করা হয়।

৮ শয়েরও বেশি নতুন ঘর নির্মান করা হয়েছে, যেগুলো সামর্থ্যবান ভাড়ায়, অংশিদারিত্ব মালিকানা এবং বিক্রির জন্য নির্ধারিত। ৩৯৫টি ঘর হচ্ছে এফোর্ডেবল রেন্টের জন্য। ১০০টি ঘর শেয়ার্ড

ওনারশিপ হিসেবে প্রথমবারের মতো ক্রেতাদের কাছে বিক্রি করা হবে।

পরিদর্শন শেষে মেয়র জন বিগস বলেন, এই প্রকল্প এলাকায় আমি এসে সন্তুষ্ট। কিভাবে ওসেন এস্টেটের রূপান্তর ঘটছে এবং বর্তমান ও ভবিষ্যত বাসিন্দাদের জন্য দীর্ঘস্থায়ী ও স্টেকসই উন্নয়ন হচ্ছে তা দেখে আমি অভিভূত।

ডেপুটি মেয়র এবং কেবিনেট মেম্বর ফর হাউজিং, কাউন্সিলর সিরাজুল ইসলাম বলেন, ওসেন এস্টেটের পৃষ্ঠপোষক প্রকল্পের শুরু থেকেই স্থানীয় কমিউনিটি উন্নয়ন পরিকল্পনার কেন্দ্রে ছিলেন। সুপ্রতিষ্ঠিত কমিউনিটির জন্য নতুন ঘর-বাড়ি ও অবকাঠামো সুবিধাদি গড়ে তুলতে স্বীকৃতি কেন্দ্রে কমিউনিটিকে রাখাটা খুবই গুরুত্বপূর্ণ।



শ্যান্ডি পার্কে অনুষ্ঠিত হলো ওসেন এস্টেট কমিউনিটি ফান ডে

৫ সেপ্টেম্বর শ্যান্ডি পার্কে অনুষ্ঠিত কমিউনিটি ফান ডে অনুষ্ঠানে ওসেন এস্টেট ও লাইমহাউজ ফিল্ড এলাকার ৫ শতাধিক বাসিন্দা অংশ নেন। কমিউনিটি আনন্দ দিবসের অনুষ্ঠানমালার মধ্যে ছিলো বিভিন্ন ধরনের ফান এক্টিভিটিজ, বাউন্সি ক্যাসল, গান বাজনা ইত্যাদি। বিস্তারিত পড়ুন নিচে -

HUNDREDS FLOCK TO SHANDY PARK FAMILY FUN DAY

7364 4944

Harmony



Enjoying food from the Salvation Army stall at the fun day

শ্যান্ডি পার্কে অনুষ্ঠিত হলো ওসেন এস্টেট কমিউনিটি ফান ডে

Hundreds flock to Shandy Park family fun day – issue 1077

শ্যান্ডি পার্কে অনুষ্ঠিত কমিউনিটি ফান ডে অনুষ্ঠানে ওসেন এস্টেট ও লাইমহাউজ ফিল্ড এলাকার ৫ শতাধিক বাসিন্দা অংশ নেন। গত ৫ সেপ্টেম্বর এই ফান ডে ইভেন্ট অনুষ্ঠিত হয়।

কমিউনিটি আনন্দ দিবসের অনুষ্ঠানমালার মধ্যে ছিলো সব বয়সীদের জন্য বিভিন্ন ধরনের ফান এক্টিভিটিজ, স্টেপনী এফসি'র ব্যবস্থাপনায় ফুটবল কম্পিটিশন, বাউন্সি ক্যাসল, খাবার দাবার, গান বাজনা ইত্যাদি।

২০টিরও বেশি স্থানীয় চ্যারিটি সংগঠন এতে

অংশ নেয়। এর মধ্যে উল্লেখযোগ্য কয়েকটি হলো সলভেশন আর্মি, হাউজিং এসোসিয়েশনসমূহ, লাইমহাউজ প্রজেক্ট, স্টেপনী ফাউন্ডেশন, দ্যা র্যাগড স্কুল মিউজিয়াম এবং ওসেন ইয়ুথ কানেকশন।

প্রতিবেশীদের সাথে মেলামেশার পাশাপাশি বাসিন্দারা শিক্ষা, স্বাস্থ্য, সংস্কৃতি ও খেলাধুলা সম্পর্কিত নানান ধরনের তথ্য লাভ করেন।

ডেপুটি মেয়র অব টাওয়ার হ্যামলেটস্ এবং হাউজিং বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর সিরাজুল ইসলাম বলেন, ওসেন এস্টেট ও এর

আশেপাশের এলাকায় উন্নয়ন কর্মযজ্ঞ পুরোদমে এগিয়ে চলেছে। নতুন ও সংস্কারকৃত ঘরের পাশাপাশি উন্নত ও আধুনিক কমিউনিটি ও স্বাস্থ্য অবকাঠামোর সুবিধা বাসিন্দারা উপভোগ করছেন।

কাউন্সিলর সিরাজ আরো বলেন, ঐক্যবদ্ধভাবে পারস্পরিক সৌহার্দ্যপূর্ণ পরিবেশে বাস করার কমিউনিটি ভিত্তিক চেতনাকে আরো শক্তিশালী করতে চাই আমরা। সকল বাসিন্দাকে একত্রিত করতে এবং পরিবার পরিজন ও বন্ধুদের সাথে আনন্দময় একটি দিন কাটাতে কমিউনিটি দিবস একটি অনন্য আয়োজন।

News in brief

হোয়াইটচ্যাপল মার্কেট ট্রেডারের অর্থ দন্ড

অনিরাপদ মোবাইল ফোন চার্জার বিক্রির জন্য নিজের কাছে মজুদ করে রাখার দায়ে হোয়াইটচ্যাপল মার্কেটের একজন ট্রেডারকে অর্থদন্ডে দণ্ডিত করা হয়েছে।

২০১৩ সালের অক্টোবর ও নভেম্বর মাসে মেট্রোপলিটান পুলিশ এবং টাওয়ার হ্যামলেটস্ কাউন্সিলের ট্রেডিং স্ট্যান্ডার্ডস বিভাগের অফিসাররা হোয়াইটচ্যাপল মার্কেটে অভিযান চালায়।

চোরাই মোবাইল ফোন, আর্ট ফোন, নকল আইফোন ও চার্জার কেনা বেচা বন্ধে অপারেশন বিগ উইং ও অপারেশন ডিলাক্স নামের ঐ অভিযানের সময় নিম্নমানের অনিরাপদ চার্জারগুলো জব্দ করা হয়।

ভোক্তা সুরক্ষা অধ্যাদেশ ১৯৮৭ এর অধীনে অনীত অভিযোগের ওপর টেমস মার্জিস্ট্রেট কোর্টে গত মাসের ২০ তারিখে শুনানি অনুষ্ঠিত হয়। এসময় অভিযুক্ত ট্রেডার আব্দুল আল-সাইদি (হল টাওয়ার, মেইডা ভেল, ওয়েস্ট লন্ডন) দোষ স্বীকার করে নিলে আদালত তাকে ৩০০ পাউন্ড জরিমানা এবং মামলার খরচ বাবদ ১২০০ পাউন্ড ও ভিক্টিম সারচার্জ বাবদ আরো ৩০ পাউন্ড প্রদানের নির্দেশ দেন।

টাওয়ার হ্যামলেটসের ডেপুটি মেয়র এবং কমিউনিটি সেফটি বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর শিরিয়া খাতুন বলেন, আমাদের ট্রেডিং স্ট্যান্ডার্ড অফিসারদের সাথে পুলিশের সম্মিলিত কাজের ফলে হাট বাজার থেকে এই সব অনিরাপদ, ঝুঁকিপূর্ণ ও নকল সামগ্রী উদ্ধার করা সম্ভব হয়েছে। এই প্রসিকিউশনের মধ্য দিয়ে এটাই

ফুটে ওঠেছে যে, জননিরাপত্তার ঝুঁকিপূর্ণ যেকোন বিষয় আমাদের গুরুত্বের সাথে নিয়ে থাকি এবং অনিরাপদ পণ্য সামগ্রী বিক্রি বন্ধ করাটা আমাদের কাছে সব সময়েই অগ্রাধিকার পাবে।

বারার কোথাও নকল কিংবা অনিরাপদ পণ্য বিক্রি সম্পর্কে ট্রেডিং স্ট্যান্ডার্ড বিভাগকে রিপোর্ট করার জন্য ০২০ ৭৩৬৪ ৫০০৮ নাম্বারে ফোন করতে অনুরোধ করা হয়েছে।

ফ্রি র‍্যাপ মিউজিক সেশনের আয়োজন

টাওয়ার হ্যামলেটস্ বারায় বসবাসকারী, অধ্যয়নরত কিংবা চাকুরিসূত্রে অবস্থানকারী তরুণদের জন্য র‍্যাপ, মিউজিক প্রোডাকশন ও ড্রামা বিষয়ে ফ্রি প্রশিক্ষণ কর্মসূচি গ্রহণ করা হয়েছে।

কাউন্সিলের ইয়ুথ আর্টস্ টিম 'এ' টিম আর্টস্ এর উদ্যোগে আয়োজিত এই ফ্রি সেশন আগামী ২৪ সেপ্টেম্বর থেকে প্রতি বৃহস্পতিবার সন্ধ্যায় হ্যানবারি স্ট্রিটের ব্রাডি আর্টস্ সেন্টারে অনুষ্ঠিত হবে। যারা এদিন ঈদ উদযাপন করবেন, তারা ১ অক্টোবরের সেশনে অংশ নিতে পারেন।

অংশ গ্রহণকারীরা 'র‍্যাপচার' নামের একটি প্রোডাকশনে কিশোর তরুণ বয়সীদের সাথে কাজ করবেন, যেখানে তারা নিজের র‍্যাপ কম্পোজ করবেন, এবং এডিনবরা ফ্রিক্স ফেস্টিভ্যালে অংশ নিবেন।

'এ' টিম আর্টস্ এর সেশনে অংশগ্রহণকারীদের একজন উনিশ বছর বয়সী সাবরিনা ওয়াকার টিমের সাথে তাঁর কাটানো সময়ের অভিজ্ঞতা বর্ণনাকালে বলেন, 'এ' টিম আর্টস্ এর সাথে আমি বৃহস্পতিবার ও শনিবারের সেশনগুলো খুব

উপভোগ করেছে। এতে অংশ নেয়ার ফলে আমি আমার কলেজের সুবিধাদি ও যন্ত্রপাতি ব্যবহার করে আমার কলেজ প্রজেক্ট নিয়ে কাজ করতে সক্ষম হয়েছি। কোর্স ডেডলাইন এর মধ্যে কাজ শেষ করতে এটা আমাকে সাহায্য করেছে। আমি এখন গোল্ড আর্টস্ এওয়ার্ড লাভ করতে চাই।

কাউন্সিলের সংস্কৃতি বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর আসমা বেগম বলেন, কম বয়সে শিল্প সংস্কৃতির সাথে সম্পৃক্ত হওয়ার অনেক সফল রয়েছে। এর ফলে আত্মবিশ্বাস বাড়ে, নতুন নতুন বন্ধু বান্ধব হওয়ার সুযোগ সৃষ্টি হয় এবং ভবিষ্যত পেশা নির্ধারণের ক্ষেত্রে দক্ষতা অর্জন করা সম্ভব হয়।

'র‍্যাপচার' এ এজে নামের এক মুসলিম তরুণীর গল্প বর্ণনা করা হবে। এজে টাওয়ার হ্যামলেটসে বসবাস করে এবং হিজাব পড়ে। সে আকর্ষণীয় র‍্যাপ লিরিকস লিখেছে, কিন্তু হিপ হপ এ তার অংশ নেয়াটা তার অভিভাবকরা কখনোই অনুমোদন করবেন না। তাই সে তার পক্ষে স্টেজে পারফর্ম করার জন্য তার বেষ্ট ফ্রেন্ড স্যাম এর নাম তালিকাভুক্ত করে। স্যাম প্রচুর প্রশংসা লাভ করে, কিন্তু এজের এই অসাধারণ প্রতিভার কথা কেউই জানতে পারে না।

'এ' টিম আর্টস্ ফ্রি র‍্যাপ সেশনে যোগ দিতে ১৩ থেকে ১৯ বছর বয়সীদের প্রতি আহ্বান জানিয়েছে। সেশনগুলো সন্ধ্যা ৬.৩০টা থেকে রাত ৯টা পর্যন্ত ব্রাডি আর্টস্ সেন্টারে (১৯২-১৯৬ হ্যানবারি স্ট্রিট, ই১ ৫এইচইউ) অনুষ্ঠিত হবে। স্পেশাল

■ The above stories are: trader prosecuted – 1077; free rap sessions – page 11.

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

ইয়ুথ পার্লামেন্ট বিতর্কে নিজেদের কাছে গুরুত্বপূর্ণ ইস্যুগুলো তুলে ধরতে তরুণদের প্রতি আহ্বান

Young people urged to Make Your Mark – page 6

আগামী নভেম্বর মাসে হাউজ অব পার্লামেন্টে অনুষ্ঠিতব্য ন্যাশনাল ইয়ুথ পার্লামেন্ট বিতর্কে যেসকল ইস্যু তরুণ সম্প্রদায়ের কাছে গুরুত্বপূর্ণ, সেগুলো তুলে ধরার জন্য তরুণদের প্রতি আহ্বান জানানো হয়েছে।

এই প্রক্রিয়ায় বারার কিশোর তরুণ বয়সী জনগোষ্ঠির সম্পৃক্ততা নিশ্চিত করতে টাওয়ার হ্যামলেটস্ ইয়ুথ কাউন্সিল এবং ইয়াং মেয়র অব টাওয়ার হ্যামলেটস্ ডেং ইয়ান স্যান বিশেষভাবে অগ্রহী।

যে সকল ইস্যু নিজেদের জীবনে প্রভাব ফেলেছে, তার মধ্যে ১০টি ইস্যু বাছাই করার জন্য তরুণ বয়সীরা ৯ অক্টোবর ওক্টোবর পর্যন্ত সময় পাচ্ছেন। ইস্যুগুলোর মধ্যে থাকতে পারে, ভোট দেয়ার বয়স সীমা ১৬ করা, মানসিক স্বাস্থ্য সেবাগুলোকে আরো উন্নত করা, আর্থিক কর্তন থেকে ইয়ুথ সার্ভিসগুলোকে বাদ দেয়া, বর্ণ ও ধর্মীয় বৈষম্য মোকাবেলা করা ইত্যাদি।

ইউকে ইয়ুথ পার্লামেন্টের রয়েছে ৬ শতাধিক সদস্য, যারা জাতীয়, আঞ্চলিক ও স্থানীয় পর্যায়ে তরুণ সম্প্রদায়ের প্রতিনিধিত্ব করে থাকে।



গত বছর অনুষ্ঠিত 'মেক ইয়র মার্ক' শীর্ষক কনসালটেশনে সারা দেশে ৮ লাখ ৭৫ হাজার তরুণ অংশ নিয়েছিলেন। এই সংখ্যাকে ১ মিলিয়ন অর্থাৎ ১০ লাখে উন্নীত করার উচ্চাভিলাষি পরিকল্পনা গ্রহণ করেছেন ইয়ুথ পার্লামেন্টের সদস্যরা।

ইয়াং মেয়র অব টাওয়ার হ্যামলেটস্ এবং মেম্বর অব ইয়ুথ পার্লামেন্ট, ডেং ইয়ান স্যান

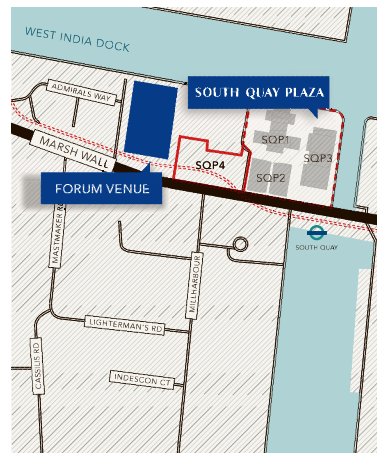
বলেন, এমন এক নির্বাচনে আমি ইয়াং মেয়র নির্বাচিত হয়ে সম্মানিত বোধ করছি, যে নির্বাচনে ৭২ শতাংশ ভোট কাস্ট হয়েছিলো। এতে করে এটাই পরিষ্কারভাবে ফুটে ওঠেছে যে, তরুণ বয়সীরা যে ইস্যুগুলো তাদের জীবনের ওপর সবচেয়ে বেশি প্রভাব বিস্তার করছে, সেগুলো নিয়ে তারা ভাবছে। তারা চায় তাদের জন্য সমৃদ্ধ ভবিষ্যত বিনির্মানের লক্ষ্যে প্রণীত নীতিমালায় সক্রিয়ভাবে অংশ গ্রহণ করতে।

ইয়াং মেয়র আরো বলেন, তরুণ সম্প্রদায়কে নিজেদের ভাবাবেগগুলোকে সংযুক্ত করতে এবং মেক ইয়র মার্ক সিদ্ধান্ত প্রক্রিয়ায় সম্পৃক্ত হতে আমি তাদেরকে অনুরোধ করছি। ইস্যুগুলোর দিকে নজর দাও এবং যে ইস্যুগুলো সবচেয়ে বেশি গুরুত্বপূর্ণ মনে হবে, সেগুলো বাছাই করুন। এক মিলিয়ন কিশোর তরুণ বয়সীকে ঐক্যবদ্ধ করতে আমরা ৫ হাজার তরুণ ঐক্যবদ্ধ প্রয়াস চালিয়ে যেতে পারবো বলে আমি আশাবাদি।

যে ৫টি বিষয় সবচেয়ে বেশি তরুণ বাছাই করবে, তা নিয়ে নভেম্বর মাসে হাউজ অব পার্লামেন্টে বিতর্ক অনুষ্ঠিত হবে।

SOUTH QUAY PLAZA

LOCAL RESIDENTS AND BUSINESSES ARE INVITED TO ATTEND A LONDON BOROUGH OF TOWER HAMLETS COMMUNITY FORUM TO DISCUSS PLANS FOR BERKELEY HOMES REDEVELOPMENT OF THE SOUTH QUAY PLAZA 4 SITE, LONDON, E14.



COMMUNITY FORUM VENUE & DATE

The forum will be held at:

The Hilton London Canary Wharf Hotel, Marsh Wall, E14 9SH

Wednesday 23rd September 2015 6.30pm

For more information please contact

info@berkeley-southquay.co.uk

or visit www.berkeley-southquay.co.uk

or contact Oliver Deed on 020 3176 4161



Berkeley
Designed for life

Vicky's secrets revealed

Victoria Park is one of the most popular parks in London. In fact, it was voted the nation's favourite last year, as part of the prestigious Green Flag awards. As voting opens again for the People's Choice award, **Sam Gough** discovers a few things you perhaps didn't know about our much-loved Vicky. Photos by **Kois Miah** and **Rehan Jamil**.



1. The park just celebrated its 170th birthday

Above: the sandpit, 1902

Victoria Park opened to the public in 1845. Plans for it were laid by notable architect Sir James Pennethorne.

It was intended to be a space for poor people to get away from the crowded streets of London, and enjoy some rest and relaxation.

At the time, disease was a huge problem in the East End and mortality rates were far higher than in the rest of London. Fresh air was, at the time, considered to be a great curer of illness, but the only parks were in wealthy central London and the West End.

Therein lay the foundations of what would become the nation's favourite park.

2. The People's Park and the political park

Victoria Park has long been known as 'the People's Park'. For many local working class people, it may well have been the only stretch of green they had ever seen in their lives.

It also became a centre for political meetings and rallies. Tower Hamlets was an area known for its socialist tendencies – and so many famous orators of the day would go down to Speakers Corner and deliver speeches on soap boxes.

Famous textile designer and socialist William Morris would draw some of the biggest crowds.

Right: one of two pedestrian alcoves, remnants of the old London Bridge



3. An award-winning park

Over the years, Victoria Park has cemented its popularity by winning lots of awards.

In summer 2008, the park was voted London's best by

Time Out. In 2012, it won its first Green Flag award, and was voted the best park in the UK in the national People's Choice award.

It regained this title in 2014 (narrowly missing out in 2013 to come second).

This year, Victoria Park was voted the best park in the UK in the national People's Choice award.

You can vote for your favourite park in the national People's Choice award. [summary/?P=1](#)

Above: the park in autumn



4. Remnants of old London Bridge can be found in the park

Two pedestrian alcoves that are surviving fragments of the old London Bridge can be found there. They are in the east end of the park, near the Hackney Wick war memorial.

These alcoves were part of the 1760 refurbishment of London Bridge. They provided protection for pedestrians – who were faced with the dangers of traffic and a very narrow carriageway.

The original London Bridge was demolished in 1831 and the alcoves were brought to the park in 1860. They have been Grade II listed since 1951.

Left: one of the two stone alcoves



5. The fountain that gave drink

Baroness Angela Burdett-Coutts inherited the park in her young age. As a woman, she wasn't allowed to drink, so she channelled her energy and drive into philanthropy.

While Victoria Park had provided open space for people to rest and clean themselves, there was no drinking water. People often drink from the bathing lakes.

So Burdett-Coutts paid £5,000 – a fortune at the time – to build the fountain. Originally called the Victoria Fountain, it was dedicated to the Queen Victoria.

aled



Victoria Park will compete with more than 1,400 spaces in the UK to regain its title. Note at www.greenflagaward.org/park-arkID=1577

ark in its autumn finery



anking water to many

a huge share of Coutts bank at a fairly ed to take part in the bank, and so instead nthropy.

pace and bathing lakes for the poor to enjoy ing water. Those desperate enough would

at the time – to build the fountain (above). as renamed after Burdett-Coutts.

6. Some of the world's biggest music acts have performed there

The park has a long musical history, beginning with The Clash performing at an Anti-Nazi League concert.

Since 2005, Lovebox has been held in the park, which has seen artists including Blondie, Florence + The Machine, Chaka Khan and Hot Chip wowing crowds.

Below: Snoop Dogg



7. The disappearing lake and the Chinese pagoda

The Chinese pagoda arrived at the park in 1842. Originally in Hyde Park, it was built as part of the Chinese Festival of the same year and moved to its new home on the island in the boating lake.

The pagoda was partially damaged in the Second World War and the condition of the bridge to it worsened over time. In 1958, the pagoda was further damaged by fire, and it was demolished – to much outcry from the public. Years later, the lake was partially filled in and the island become part of the main park.

As part of a recent renovation, the pagoda (above) was rebuilt and the island reinstated – along with a whole host of other refurbishment works.

8. The oldest model boat club in the world is based at the park

The Victoria Model Steam Boat Club (VMSBC) was founded in 1904 and is still very much in action today. It holds up to 17 regattas a year. The first is traditionally held on Easter Sunday.



9. The park played a strategic role in the Second World War

During the Second World War, Victoria Park was largely closed to the public. It became an enormous anti-aircraft site. The guns placed there straddled the path of the German Luftwaffe bombers headed for the docks and warehouses further south.

Prisoner of war camps were also erected along the north eastern edge and were used to house Germans and Italians.

An air-raid shelter was built underground, just by St Marks Gate. On October 15, a bomb

made a direct hit, tragically killing 15 and trapping around 100 people inside.–

10. The park recently went through a £12m refurbishment

In 2010, the National Lottery Big Lottery Fund and the council undertook the restoration of the park's historic monuments and built new play equipment.

A new community facility and café were created, the pagoda re-introduced, planting improved and a skate park and sports facilities built.



11. Nine million people visited last year

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Step back in time

Wilton's is a unique building. One of just a few surviving music halls, it retains many original features.

WWW.WILTONS.ORG.UK



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The Theatre of Widdershins was launched in 1993 by Andy Lawrence and Penny Earey, with the aim of creating high-quality puppet theatre for children and their families.

WWW.WIDDERSHINS.CO.UK

Out & about guide

What's on where this week

Books

East London Suffragettes

Author Sarah Jackson discusses her book about local women who struggled for the right to vote. Sat, Sept 26, 3pm. Free. Idea Store Canary Wharf, Churchill Place, E14. 7364 4332 www.ideastore.co.uk

Events

River Family Festival

Explore the sights, sounds and stories of the Thames. Take part in craft and storytelling sessions. Sat, Sep 26. 12noon-4pm. Free. Museum of London Docklands, West India Quay, E14. www.museumoflondon.org.uk/docklands

Multilingual Poetry Group: World War One Commemoration

Hear poems by great First World War poets such as Wilfred Owen and Siegfried Sassoon as well as modern works. Until Sept 30. Free. Idea Store Whitechapel, 321 Whitechapel Road, E1. 7364 4332

The Art of Ageing

Six weeks of music, poetry, and creative writing for over-50s. Thurs, Oct 1-Weds, Nov 11. Idea Store Whitechapel, 321 Whitechapel Road, E1. www.ideastore.co.uk

Eastbeat @Kingsley Hall

A benefit for the Eve Garnett Mural Restoration Fund, featuring poetry

The Elves and the Shoemaker

HALF Moon launches its 25th birthday season of theatre for young audiences with *The Elves and the Shoemaker*, a well-known tale that has been re-heeled by Theatre of Widdershins. Puppets, music, a kaleidoscope of miniature shoes and a comic mouse, make this a magical must-see. Chris Elwell, director of Half Moon said: "With its contemporary references, ingenious surprises and a fresh twist on the original story, it's going to be a captivating start to the season." *The Elves and the Shoemaker* runs for two performances at 11am and 2pm. Sat, Sept 26. Tickets £6. Half Moon Theatre, 43 White Horse Road, E1. www.halfmoon.org.uk



and music. Artists include Paul Moss & Kath Best, Voss Malone, Slipstream and Margaret Atugonza. Tues, Oct 6, 7pm. Kingsley Hall, Powis Road (off Bruce Road), E3. 07503 704366 www.eastbeat.org

Exhibitions

Christina Broom:

Soldiers and Suffragettes

Considered the first female press photographer, Christina Broom took to the Edwardian London streets documenting daily routines and notable events. Includes previously unseen photographs. Daily, 10am-6pm until Sun, Nov 1. Museum of London Docklands, West India Dock Road, E14.

www.museumoflondon.org.uk/docklands

The Line

Sculpture trail – including work by Damien Hirst – along three miles of waterways including the Royal Docks and the River Lea. Until Thurs, Dec 31. Free. www.the-line.org

Henry Taylor

Los Angeles-based artist famous for his portraits which capture all walks of life in his community, from art scene movers and shakers to drug addicts. Until Sat, Sept 26. Free. Thu-Sat 12noon to 6pm. Carlos/Ishikawa, Unit 4, 88 Mile End Road, E1. www.carlosishikawa.com

Beijing Micro-Landscapes

Photos by Bethnal Green architect Harry Paticas, highlighting Chinese attitudes towards nature. Until Wed, Sept 30. The Gallery Café, St Margarets' House Settlement, 21 Old Ford Road, E1. www.stmargarethouse.org.uk/thegallerycafe

Music

Bangla Music Festival

Sun, Sept 27. 12noon-7pm. Free. Rich Mix, 35-47 Bethnal Green Road, E2. www.richmix.org.uk

Gospel Sundays

Until Sun, Oct 25. Free. The Blues Kitchen, 134-146 Curtain Road, EC2A. www.theblueskitchen.com

Social

3 Bees Café

Healthy vegetarian and fish dish, served for just £3, takeaways available. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3. 07501 468 193

Bingo

Mons 6.45-9pm. Tredegar Community Centre, 333 Morville Stret, E3. 07884 168176

Globe Town bingo club

Pensioners group with bingo and social activities. Thursdays, doors open 12pm. Bingo 2-4pm. Globe Town Community Centre, Bullards Place, E2. 07939 965141

Golden Ladies

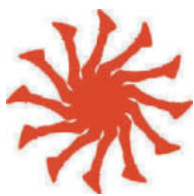
Pensioners group for bingo and social. Weds, 2-4pm. Isle of Dogs Bowls Club, Millwall Park, E14. 7987 6824

Little Spitz' under-5s playgroup

Weds, 10am-12pm, 50p. Tours and stories. Spitalfields City Farm, Buxton Street, E1. 7247 8762

Tower Hamlets U3A

Tower Hamlets University of the Third Age offer courses for over-50s to learn T'ai Chi, jazz appreciation, art appreciation, history walking and more. £10 yearly membership. Various days and times. St Margaret's House Settlement, 21 Old Ford Road, E2. 7247 4283



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DAY	SPORT TYPE
MONDAY	CRICKET, NETBALL
TUESDAY	CRICKET, NETBALL
WEDNESDAY	FOOTBALL, NETBALL
THURSDAY	CRICKET, FOOTBALL
FRIDAY	CRICKET, FOOTBALL
SATURDAY	CRICKET, FOOTBALL
SUNDAY	CRICKET, FOOTBALL

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Fighting to make a difference

Freedom Riders, both black and white, were Civil Rights activists who rode interstate buses in the southern states of America to challenge laws or customs that enforced segregation in seating.

SEE BELOW

Community project

Rah Rah Theatre Company was set up by Jude Spooner and Gemma Beagley to bring theatre into the community.

Out & About

Performance set to mark black history

A PLAY telling the story of American civil rights activists comes to Tower Hamlets for Black History Month.

The Theatre Centre will be telling the tale of the Freedom Riders – students, both black and white, who travelled across America's Deep South in the 1960s to protest against racial segregation.

The company hopes its production will encourage young people to get involved with local, national and global issues.

Director Natalie Wilson said: "The play does not simply recount the history of the period, but hopes to empower young people to follow the example of previous generations, be creative, and find solutions to the problems they see around them."

The performance will take place at 6.30pm on Thursday, October 1, at the Mulberry and Bigland Green Centre in Cannon Street Road, E1.

The showcase is part of Tower Hamlets' Black History Month celebrations.

For information visit www.theatre-centre.co.uk/tour

A NEW play about human trafficking is being used to raise awareness for World Anti-Slavery Day on Sunday, October 18.

Jude Spooner, founder and managing director of the Rah Rah Theatre Company, commissioned playwright Sam Hall to tell stories of human trafficking in the play, which is supported by Arts Council England and Merton Council.

My Mind Is Free tells the stories of some of the people who have fallen into modern-day slavery. Sam has done extensive research with anti-trafficking charities, Merton Against Trafficking, Blythwood Care, The Medaille Trust and ECPAT UK, and the play is inspired by true life stories. Each performance will also have a speaker from an anti-trafficking charity so the audience can find out more about what to do if they think somebody who they know is being trafficked.

The play takes place on Thursday, October 15, at Kahaila, 135 Brick Lane, E1.

Tickets for **My Mind Is Free** cost £5 and can be bought online at www.mymindisfree.com



Collection of winning work goes on display

BY MELANIE YEA

AN EXHIBITION of work by the winner of the East London Painting Prize 2015 opens at the Nunnery Gallery.

Willem Weismann's exhibition **Alphabet Soup** explores the similarities between the privacy of reading books and the personal experience of painting practice.

After winning the award in May, Weismann has embarked on creating new work that builds on the winning piece **Library Guide**, which captured the sensation of being enraptured in a novel.

The East London Painting Prize celebrates the talent and diversity of artists living and working in the boroughs of east London.

The prize has been created by the Foundation for FutureLondon and Bow Arts Trust, with support from the

Goldhill Family and the Zabłudowicz Collection.

This is the second year of the prize which provides a £10,000 cash award as well as a solo exhibition at the Nunnery in Bow.

The title **Alphabet Soup** refers to the presence of text that is undecipherable in the paintings.

Writer Alice Butler has contributed to the exhibition publication, writing from the viewpoint of the women inside the paintings themselves.

Willem Weismann said: "There are similarities between books and painting. Both are a communication of information, and both are physical objects which are pushed to the side in an increasingly digital age, where everything is becoming virtual and weightless."

The exhibition opens on Friday, October 2 and runs until December 20.

For details visit www.bowarts.org



One of Weismann's new exhibition pieces

A poetic celebration

SOME of the world's best-known international poets will perform their works in east London this November at the inaugural Globe Road Poetry Festival.

Curated by Andrea Brady, professor of poetry at Queen Mary University of London, the three-day festival celebrates the diversity of local and global poetic traditions.

The festival, which begins on November 13, includes free readings, artificial intelligence workshops with poetry 'bots', music, exhibitions and a poetry slam competition for school children.

Visit www.qmul.ac.uk

News in brief

Get your quiz on

DO you know your Clangers from your Flumps? Can you still sing all the words to the Trio advert? Do the names Goldie, Bonnie and Mabel mean anything to you?

If so, get your teeth into a nostalgia quiz at the V&A Museum of Childhood, on Thursday, October 8.

It will be hosted by Londonist editor-at-large Matt Brown and visitors can expect a fact-tastic evening of questions about toys, games, TV shows, adverts and films from the 70s to the 90s. This evening event also gives visitors the chance to explore the museum's collection after dark.

Tickets cost £6 per person and a team must have two or more members. The bar opens at 6.30pm and the quiz begins at 7pm.

Tickets can be booked online at www.vam.ac.uk/moc

Finding freedom



DAVID Grindley is a long-term resident of the Isle of Dogs, an original member of the community theatre company SpaceWorks, a director and performer.

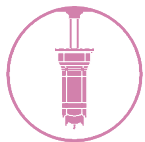
David (pictured) lives with cerebral palsy, which affects his speech and movement, and has spent his life in a wheelchair.

In 2014, he decided to share his experiences and tell his story on stage.

The **Man Who Found His Freedom** is a play inspired by his life. Examining life in care, family and friendships, this production explores the meaning of determination.

The play runs from Tuesday, October 6 to Saturday, October 10 at The Space, 269 Westferry Road, E14. Tickets cost £14.

Visit www.space.org.uk



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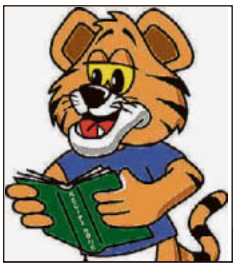
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Penny's picks are As Good As Meat

Vegetarian blogger Penny Wilson's kids have never eaten meat and have no desire to. "We don't much care what other people eat, so long as we are left to enjoy our food," she says.

WWW.ASGOODASMEAT.COM

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Eating out, eating in

New café adds value to Roman rejuvenation

BY GORDON BLUE

THE rejuvenation of the Roman Road continues apace and I'm particularly eager to try recently opened coffee shop HuggaMug Espresso Bar.

My lunch partner, Jane, and I settle down to coffees made from Nude Espresso beans, which are everything you'd expect. My flat white packed a punch and made me compos mentis for the first time that day.

Our sandwiches were just as good, Jane plumping for a tuna melt while I, never missing an opportunity to double-carb, went for an egg mayo and potato salad sandwich on hearty sourdough.

Plated and served with Kettle Chips (just in case I hadn't had enough potato), I couldn't be happier.

Or could I? As my attention turned to the impressive cake selection, we tried slab-like chocolatey brownies that were ambrosial in taste and texture.

Meanwhile, the lemon meringue cake was oozing with



HuggaMug offers bargain bites and drinks

lemon curd with French meringue atop and was absolutely delicious – with value erring on the ridiculous at £1.40 a pop. I could develop a serious habit at this rate.

The prices in general are amazing and this would be my first port of call for a satisfying lunch, teamed with gorgeous cake and creamy coffees for

just over a fiver. I defy you to find better value in the area.

On the day we visited, you even got free crisps with every coffee!

If you haven't tossed this paper aside by now to rush out the door, then I give up.

The café is small but perfectly formed, with a fresh and airy interior, alongside arty

touches such as an abstract map of the surrounding area fashioned out of tape. Clever stuff and the service is charming and speedy.

Two ploughed through sandwiches, crisps, coffees and cakes for just over £15 in total.

■ HuggaMug Espresso Bar is at 33 Roman Road, E3. Tel: 07984 496564.

Grasp the nettle for delicious pizza

I HAD this dish in a fancy restaurant. It was made with snazzy mushrooms and expensive cheese and was utterly delicious.

So I tried to recreate it at home. The mushrooms were creamy white closed cup ones that I bought from the pound-a-bowl shop at the top of my road.

The cheese was a mix of cheapish mozzarella and a good,

strong Cheddar. The nettles came from Tower Hamlets Cemetery Park. I have been taught how to 'grasp the nettle firmly' and harvest them without getting stung. However, if you are wary about this, try garden gloves and scissors and drop the leaves into a plastic bag.

Pick the new leaves at the tip of the plant, avoid the stringy old ones and the flower heads.

Nettle pizza

Ingredients

FOR THE BASE

1 cup of self-raising flour
1/2 tsp baking powder
Salt & pepper
Natural yoghurt

FOR THE TOPPING

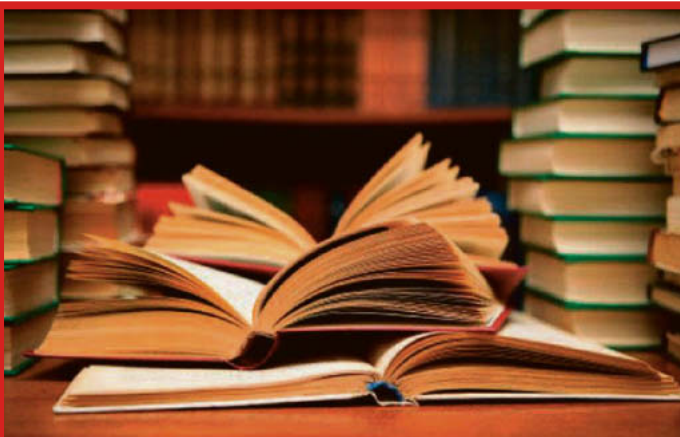
1 Spanish onion
100g nettle leaves
100g mozzarella
100g Cheddar cheese
Nutmeg

Method

1. Pre-heat your oven to a medium heat.
2. Mix the flour, baking powder, salt and pepper and yoghurt to make a workable dough. Knead for a few minutes, then allow to rest for half an hour.
3. Form into a ball on a floured surface and roll out into a circle; keep flouring both sides. Place the circle on a baking sheet on greaseproof paper.
4. Thinly slice the onion and fry in a little oil until soft

and beginning to brown.

5. Snip off the nettle leaves and place in a bowl. Cover with boiling water and stand for ten minutes.
6. Grate or slice your cheese.
7. Top the pizza base with onions. Spread the nettles evenly over and add the cheese. Sprinkle with a little grated nutmeg. If you like, you can crack an egg in the centre of the pizza.
8. Put in the oven and make sure the base (and egg) cooks through without going rock solid.



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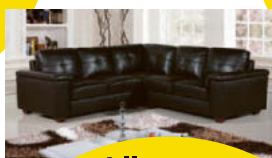
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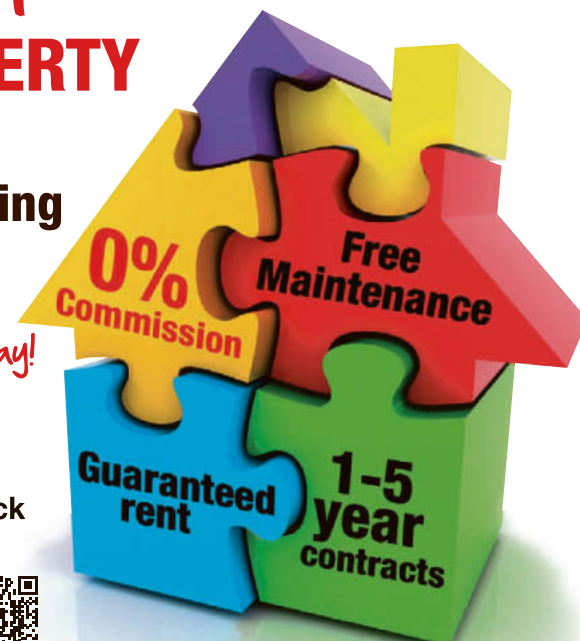
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Organised by the Tower Hamlets
Safer Neighbourhood Board



Residents' Question Time

A Safer Neighbourhood Board public meeting

Wednesday 30 September 2015

6.30pm – 8.30pm (doors open at 6.00pm)

The Osmani Centre

58 Underwood Road, Spitalfields, London E1 5AW

(close to Whitechapel and Bethnal Green Overground stations)

- Your chance to meet the Police Borough Commander and the Head of Safer Communities, to discuss key policing and community safety issues
- A great opportunity for local people to share their experiences and views
- Promote and raise awareness of current action being taken to address key issues
- All residents welcome

For further information please phone Jon Shapiro on 07811 482731 or email jon.shapiro@o2.co.uk

The event is funded by the Mayor's Office for Policing and Crime and organised by the Tower Hamlets Safer Neighbourhood Board.

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TOWER HAMLETS



A Dickens of a challenge to tackle TB

The London Chest Hospital was opened in 1855, primarily to treat TB. Balconies were added to wards so patients could breathe fresh air and its work was praised by Charles Dickens.

SEE BELOW

Donations welcome

To donate items to Emmaus' charity shop, call 7538 1132 or visit the store at Vesey Path, Chrisp Street, Poplar.

SEE BELOW

Property

Gateway offers winter support to the elderly

Better heating and advice on fuel bills as part of Winter Warmers scheme

BY JESSICA ODUBAYO

IMPROVED heating, help with benefits and advice on coping with fuel bills were just some of the results of a campaign to support older people in the borough.

At its annual general meeting on September 7, Gateway Housing Association published a report on its Winter Warmers programme

which was designed to help its older residents.

Set up in partnership with NHS Tower Hamlets Clinical Commissioning Group (CCG), the programme saw Gateway staff volunteer to visit 429 residents aged 70 and over, with a detailed questionnaire to identify ways to improve the wellbeing, health and independence of older residents.

As a result of the survey, 122 residents were referred to day

centres, 81 received advice on coping with fuel bills, 58 were helped to claim welfare benefits, 55 had radiators made more efficient and 12 had repairs to extractor fans and smoke detectors.

Two were helped to register with a GP.

The meeting heard from a family who were delighted that their 85-year-old aunt had a new heating system installed in her home, thanks to the programme.

Jane Ball, director of resident services at the housing association, said: "Gateway has shown what's possible when we reach out to older people."

Guest speaker at the event Jane Milligan, chief officer for the CCG, said: "Good housing leads to good health and wellbeing."

"Winter Warmers recognised that and builds on good practice to support elderly people to be healthier, happier and safer in their homes."

Gas safety alert for landlords

LANDLORDS are being alerted to new legislation about carbon monoxide detectors.

The law, which comes into effect on October 1, requires working carbon monoxide detectors to be fitted in any room with a solid fuel burning combustion appliance.

It also requires landlords to have working smoke alarms fitted on each floor of homes they let.

A spokesperson for British Gas said: "Exposure to carbon monoxide gas can be fatal and the main sources are faulty gas boilers or heaters."

"Landlords are already required to ensure their properties receive an annual gas safety check and certificate."

"Gas safety checks pick up problems, including faulty boilers, and are vital in helping to prevent leaks, explosions and carbon monoxide poisoning."

The company has issued simple checks to stay gas safe.

For landlords:

■ You need a gas safety check and record or certificate (CP12) for each property every year.

Give a copy to your tenants to keep safe.

■ Install a carbon monoxide alarm in your properties. You can buy one online and have it delivered direct to your tenants to install themselves with minimal effort.

For tenants:

■ Your landlord is legally obliged to have a gas safety check done every year, and to give you a copy of the property's gas safety certificate (CP12). If you don't know whether your property is safe, just ask.

■ Look for signs of staining, soot or discoloration on, or around your gas boiler, fire or water heater. These can be signs of carbon monoxide. Keep vents in doors, walls or windows clear to ensure gas fumes can safely escape your home.

■ Know the signs of carbon monoxide poisoning, which can be similar to the flu.

■ If you notice anything wrong, stop using the appliance immediately, open windows and doors and call the Gas Emergency Services Helpline on 0800 111 999 (24hrs). You should also seek medical advice.



The London Chest Hospital will be converted into housing

Chest hospital sold for housing

A HOUSING association has completed a deal with Barts NHS Trust to buy the former London Chest Hospital site in Bethnal Green.

The historic four-acre plot was sold to Circle Housing on August 28.

The majority of patient services at the hospital were relocated to Barts Heart Centre at St Bartholomew's Hospital in April and the site has been fully decommissioned.

Philip Browne, director of development

at Circle Housing, said: "We are pleased to confirm we have completed the purchase of the former London Chest Hospital site."

"We are looking forward to working with our partners to deliver much-needed housing for Tower Hamlets, which will build on the character of this unique site."

The social housing landlord, which owns and manages over 6,400 homes across Tower Hamlets and Havering, will be talking to local people over the coming months to

seek their views and discuss the future use of the site, ahead of applying for planning permission next year.

In a separate event, campaigners held a public meeting on the future of the site on September 10.

Members of Community Chest, which focuses on the need for more housing and community spaces and to protect threatened sites, called on Barts to ensure the site is used for the public good.

Homelessness charity shop celebrates first anniversary

A HOMELESSNESS charity is set to celebrate the first anniversary of the opening of its shop in Poplar.

On Friday, September 25, customers can have a cup of tea or coffee and a slice of birthday cake at the Emmaus Poplar shop, between 11am-2pm, and there will be free face painting for children from 3.30pm.

Formerly homeless people helped by Emmaus will talk about the charity and the work it does to rebuild lives.

The shop, on Chrisp Street Market, opened in 2014 and sells donated goods including furniture, clothing and bric-a-brac as well as shop returns and end-of-line stock from

major high street retailers and supermarkets.

Profits from sales are used to support formerly homeless people by providing a home and work in one of the 25 Emmaus communities in the UK.

Kim Trivett, shop manager, said: "As well as providing our customers with bargains, we have helped reduce Poplar's environmental impact through recycling of unwanted goods."

"We are providing quality work experience by filling volunteering roles with people in the local community."

"We would like to thank everyone who has supported us and look forward to welcoming you at our celebration day."

tower hamlets homeseekers

18/09/15 - 24/09/15
Closing date for Internet and
Telephone bids:
24/09/15

Find out about local schools, council services, transport links, and businesses at: www.upmystreet.com

UpMyStreet

Guinness
South

eastTHAMES



You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

توہر ہاملٹس ہاؤسنگ لیٹنگز آپنا ایک ایکٹو ایپلیکیشن ہاؤسنگ لیٹنگز پر ہونا چاہیے۔ آپ ان کے گھر نہیں دیکھ سکتے ہیں کیونکہ یہ آپ کے پڑوسیوں کو پریشان کر سکتے ہیں۔

ہم صرف ان لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کر سکتے ہیں۔ یہ پیشکش کرنا یہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے۔ 020 7364 2826 یا آپ کے ای میل پر رابطہ کر سکتے ہیں۔

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因為這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ ان گھروں کے لئے صرف ایک صورت میں بولی دے سکتے ہیں اگر "اور ہاؤسنگ" لسٹ "میں آپ کی درخواست واجب اور زبردستی ہے۔ براؤزنگ ان میں سے کسی گھر کو دیکھنے کے لئے مت جائیے، کیونکہ یہ ہمسائیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

ہم صرف ان لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کر سکتے ہیں۔ یہ پیشکش کرنا یہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے۔ 020 7364 2826 یا آپ کے ای میل پر رابطہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet 'Support Charges in long term Supporting People Services'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call 0845 270 2400

Calls cost 10p per minute plus your phone company's access charge. You can also bid on line at Tower Hamlets Homeseekers: www.thhs.gov.uk at no cost. If you do not have internet access at home, you can use computers available at the One Stop Shops and Idea Stores, free of charge, to search for suitable homes and place bids.

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the




Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

 <p>SHELTERED Accessible Category F SUTTON STREET, E1</p> <p>Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Shower Room with W/C • GCH • No garden • Off street parking • Pets not permitted</p> <p>Eligibility : Min Client Age 55</p> <p>£200.92, Weekly - Social Rent Landlord: Circle 33 HA</p> <p>Property Ref: 33504</p>	 <p>SHELTERED Accessible Category F SUTTON STREET, E1</p> <p>Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Shower Room with W/C • GCH • No garden • Off street parking • Pets not permitted</p> <p>Eligibility : Min Client Age 55</p> <p>£200.92, Weekly - Social Rent Landlord: Circle 33 HA</p> <p>Property Ref: 33505</p>	 <p>SHELTERED Accessible Category F SUTTON STREET, E1</p> <p>Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Shower Room with W/C • GCH • No garden • Off street parking • Pets not permitted</p> <p>Eligibility : Min Client Age 55</p> <p>£200.92, Weekly - Social Rent Landlord: Circle 33 HA</p> <p>Property Ref: 33506</p>	 <p>SHELTERED Accessible Category F SUTTON STREET, E1</p> <p>Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Shower Room with W/C • GCH • No garden • Off street parking • Pets not permitted</p> <p>Eligibility : Min Client Age 55</p> <p>£200.92, Weekly - Social Rent Landlord: Circle 33 HA</p> <p>Property Ref: 33507</p>	 <p>SHELTERED Accessible Category F SUTTON STREET, E1</p> <p>Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Shower Room with W/C • GCH • No garden • Off street parking • Pets not permitted</p> <p>Eligibility : Min Client Age 55</p> <p>£200.92, Weekly - Social Rent Landlord: Circle 33 HA</p> <p>Property Ref: 33508</p>
 <p>SHELTERED Accessible Category F SUTTON STREET, E1</p> <p>Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Shower Room with W/C • GCH • No garden • Off street parking • Pets not permitted</p> <p>Eligibility : Min Client Age 55</p> <p>£200.92, Weekly - Social Rent Landlord: Circle 33 HA</p> <p>Property Ref: 33509</p>	 <p>SHELTERED Accessible Category G JOHN SINCLAIR COURT, THRAWL STREET, E1</p> <p>Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>Eligibility : Min Client Age 60</p> <p>£280.07, Weekly - Social Rent Landlord: One Housing</p> <p>Property Ref: 33499</p>	 <p>SHELTERED Accessible Category G JOHN SINCLAIR COURT, THRAWL STREET, E1</p> <p>Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>Eligibility : Min Client Age 60</p> <p>£280.07, Weekly - Social Rent Landlord: One Housing</p> <p>Property Ref: 33500</p>	 <p>SHELTERED Accessible Category E MANDELA HOUSE, VIRGINIA ROAD, E2</p> <p>Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>Eligibility : Min Client Age 60</p> <p>£171.70, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 33524</p>	 <p>BEDSIT SELF-CONTAINED FLAT Accessible Category F CEPHAS HOUSE, DOVETON STREET, E1</p> <p>Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted</p> <p>£95.25, Weekly - Social Rent Landlord: Bancroft TMC</p> <p>Property Ref: 33498</p>
 <p>BEDSIT SELF-CONTAINED FLAT Accessible Category G FORBER HOUSE, CORNWALL AVENUE, E2</p> <p>Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years • Rent collected monthly • Advance rent required at sign up of tenancy except for those in receipt of Housing Benefit</p> <p>£104.08, Weekly - Social Rent Landlord: Affinity Sutton</p> <p>Property Ref: 33514</p>	 <p>BEDSIT SELF-CONTAINED FLAT Accessible Category F BARONESS ROAD, E2</p> <p>Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£94.87, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 33516</p>	 <p>1 BEDROOM Accessible Category F PARFETT STREET, E1</p> <p>Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>£115.24, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 33523</p>	 <p>1 BEDROOM Accessible Category E COLVERSON HOUSE, LINDLEY STREET, E1</p> <p>Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges</p> <p>£116.73, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 33521</p>	 <p>1 BEDROOM Accessible Category F EMMOTT CLOSE, E1</p> <p>Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£131.33, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 33510</p>
 <p>1 BEDROOM Accessible Category F TEVIOT STREET, E14</p> <p>Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy</p> <p>£119.60, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33535</p>	 <p>1 BEDROOM Accessible Category G CROSSTREES HOUSE, CASSILIS ROAD, E14</p> <p>Flat • 1 Bed 2 Person • 6th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy</p> <p>£144.36, Weekly - Social Rent Landlord: One Housing</p> <p>Property Ref: 33503</p>	 <p>1 BEDROOM Accessible Category G NORTH BLOCK, PEABODY BUILDINGS, E1W</p> <p>Flat • 1 Bed 1 Person • 5th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy</p> <p>£124.74, Weekly - Social Rent Landlord: Peabody</p> <p>Property Ref: 33538</p>	 <p>1 BEDROOM Accessible Category F BRIERLY GARDENS, E2</p> <p>Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£116.06, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 33517</p>	 <p>1 BEDROOM Accessible Category F PERIDOT COURT, VIRGINIA ROAD, E2</p> <p>Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Communal roof terrace</p> <p>£144.36, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 33520</p>
 <p>1 BEDROOM Accessible Category F ADDINGTON ROAD, E3</p> <p>Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Wet room (walk in shower) - no bath • GCH • No garden • Permit parking • Pets permitted</p> <p>£111.85, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 33513</p>	 <p>2 BEDROOMS Accessible Category F ARBOUR HOUSE, ARBOUR SQUARE, E1</p> <p>Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£121.71, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 33522</p>	 <p>2 BEDROOMS Accessible Category G UMBERSTON STREET, E1</p> <p>Flat • 2 Bed 3 Person • 4th floor • Open plan kitchen • One lift • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy</p> <p>£162.48, Weekly - Social Rent Landlord: One Housing</p> <p>Property Ref: 33534</p>	 <p>2 BEDROOMS Accessible Category F WOODSTOCK TERRACE, E14</p> <p>Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted • Bedrooms on basement level • other rooms on ground level</p> <p>£147.50, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 33536</p>	 <p>2 BEDROOMS Accessible Category F DARTMOOR WALK, E14</p> <p>Flat • 2 Bed 3 Person • 3rd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years.</p> <p>£153.21, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 33526</p>



2 BEDROOMS
Accessible Category F
CHARLES DICKENS HOUSE,
MANSFORD STREET, E2
Flat • 2 Bed 4 Person • 12th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Permit parking • Pets not permitted • Preference given to applicants with children 10 years & over

£171.10, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 33528



2 BEDROOMS
Accessible Category G
LYSANDER HOUSE, TEMPLE STREET,
E2
Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£145.73, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 33518



2 BEDROOMS
Accessible Category C
GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£159.02, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33501



2 BEDROOMS
Accessible Category C
GUY TOWNSLEY SQUARE, E3
Flat • 2 Bed 3 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£159.02, Weekly - Social Rent
Landlord: Peabody

Property Ref: 33502



2 BEDROOMS
Accessible Category F
BELTON WAY, E3
Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£144.94, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33527



3 BEDROOMS
Accessible Category G
HANBURY STREET, E1
Flat • 3 Bed 5 Person • 3rd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • Check heating on viewing • No garden • Permit parking • Pets not permitted

£164.68, Weekly - Social Rent
Landlord: Spitalfields HA

Property Ref: 33511



3 BEDROOMS
Accessible Category F
GREATOREX HOUSE, GREATOREX STREET, E1
Flat • 3 Bed 6 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£137.76, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 33512



3 BEDROOMS
Accessible Category F
ALICE SHEPHERD HOUSE,
MANCHESTER ROAD, E14
Maisonette • 3 Bed 6 Person • 2nd floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted •

£182.74, Weekly - Social Rent
Landlord: One Housing

Property Ref: 33515



3 BEDROOMS
Accessible Category F
WATERIDGE CLOSE, E14
House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Off street parking • Pets with landlords permission

£158.06, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 33533



3 BEDROOMS
Accessible Category F
CARRON CLOSE, E14
Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£152.38, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 33532



3 BEDROOMS
Accessible Category G
FORBER HOUSE, CORNWALL AVENUE, E2
Flat • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 6 years • Rent collected monthly • Advance rent required at sign up of tenancy except for those in receipt of housing benefit

£158.98, Weekly - Social Rent
Landlord: Affinity Sutton

Property Ref: 33525



3 BEDROOMS
Accessible Category G
FORBER HOUSE, CORNWALL AVENUE, E2
Flat • 3 Bed 5 Person • 4th floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 6 years • Rent collected monthly • Advance rent required at sign up of tenancy except for those in receipt of housing benefit

£158.42, Weekly - Social Rent
Landlord: Affinity Sutton

Property Ref: 33531

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.



1. Internet Bidding –
Just log on to
www.thhs.org.uk



2. Telephone Bidding –
Simply call
0845 270 2400

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE RENT
Accessible Category C
GUINEA POINT, REPTON STREET, E14

Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • One lift • Bathroom with W/C • Electric radiators • No garden • Permit parking • Pets not permitted • Life Time tenancy

£199.90, Weekly - Affordable Rent
Landlord: Newlon HA

Property Ref: 33537



AFFORDABLE RENT
Accessible Category G
PEABODY BUILDINGS NORTH BLOCK,
BRODLOVE LANE, E1W

Flat • 1 Bed 1 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£179.15, Weekly - Affordable Rent
Landlord: Peabody

Property Ref: 33530



AFFORDABLE RENT
Accessible Category G
KESTREL COURT, FOUR SEASONS CLOSE, E3

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Check heating on viewing • No garden • On street parking. Residents parking scheme • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5

£170.31, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 33519



AFFORDABLE RENT
Accessible Category G
CLARE HOUSE, HAWTHORN AVENUE, E3

Flat • 1 Bed 2 Person • 14th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£180.63, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 33529



Available homes will no longer be advertised in East End Life from 2nd October 2015

Over the years we have seen a dramatic increase in the number of people using the Homeseekers website to place bids for suitable homes. Currently over 91% of bids are made through the Homeseekers website. The cost of duplicating these properties on both our website and in this publication is no longer sustainable. As part of the value for money expectations the council and its registered social landlord partners have taken the decision to withdraw the Homeseekers adverts from East End Life.

All Housing Register applicants wishing to bid for properties are now directed to the Homeseekers website at www.thhs.org.uk for information on available properties.

The website provides full information for each property, real time bid positions based on your housing priority and your bidding history showing final bid positions for homes you have placed bids for. Using your bid position as a guide, you could also withdraw a bid and place it for an alternative home if this improves your chances of an offer.

Should you have any queries or require help with the bidding process please contact your Lettings team for help. The council's Housing Options (Lettings team) number is 0207 364 2826.

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GUARANTEED RENT WITH HAMLETTS

- ✓ 1-5 Years Guaranteed Rent
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CALL NOW:
020 8980 3377



236 ROMAN ROAD, LONDON, E2 0RY
EMAIL: INFO@HAMLETTS.COM
TEL: 020 8980 3377 FAX: 020 8980 9434

*Terms and conditions apply





George Green's School

Manchester Road, Isle of Dogs, London E14 3DW
Tel: 020 7987 6032 Fax: 020 7538 2316
Principal: Ms Jill Baker

'WE ARE A GOOD SCHOOL'

MATHS ACADEMIC COACH - KS3 & KS4

35 hours per week - Term-Time + 1 week, 1 year contract
Salary range NJC Scale 4 (18-21) £21,120 - £23,145
(actual salary £18,551-£20,330 for term-time only)

We are seeking to appoint a dynamic, committed and inspirational Academic Coach to support our maths faculty. The post will involve coaching students who have fallen behind in Maths on a one to one and small group basis. Based primarily in Year 11, the aim of this post is to improve attainment so that the vast majority of our students meet or exceed expectations in Maths.

Applicants for this post will have a good degree in Maths or a closely related Maths subject. They will be able to demonstrate a commitment to and empathy for young people. They will also have high level of academic literacy.

SESSIONAL 1:1 MATHS TUTOR

(hourly rate depending on qualification and experience) - KS3 & KS4

We are seeking to extend our team of sessional maths tutors so that we can work with even more students in small groups and one to one who need extra help in Maths. Based primarily in Key Stage 3, the ideal candidate will have a degree in Maths and be a qualified teacher in either the primary or secondary phases. Applications from highly skilled and experienced TAs or HLTAs are also welcomed.

TEACHING ASSISTANT (MALE)

31 hours per week, 6 months contract (Genuine Occupational Requirement in accordance with the Equality Act 2010) Salary range NJC Scale 2 initially (11-13) £18,612-19,335 (actual salary £14,116-£14,665)

We are looking for a skilled Teaching Assistant to join our successful Learning Support Faculty. The post would involve supporting the learning of students with special needs in mainstream lessons.

We would particularly welcome applications from candidates looking for experience in a school prior to starting a career in teaching. All candidates must possess GCSE (or equivalent) in English and Maths.

Please download application packs from our school website: www.georgegreens.com

Closing date: Friday, 2nd October 2015 @ 9am
Interviews: TBC

George Green's School is committed to safeguarding and promoting the welfare of children and young people. We expect all staff, external agencies and volunteers to share this commitment. Any appointment is subject to an enhanced DBS Check.



MORPETH SECONDARY SCHOOL

Portman Place, E2 0PX

LUNCHTIME SUPERVISORS

Required to work as part of a team responsible for the supervision of pupils throughout Morpeth School and the sixth form Wessex Wing during the lunchtime break. The ability to form good working relationships with pupils and staff is essential.

Hours: Mon-Fri 12.40-1.40pm, term-time only

Starting salary: Scale 1-2, £169.43 per calendar month

Successful candidates must abide by our Safeguarding Children policy and undergo an enhanced DBS check.

Closing date: Noon on Thursday 1st October, with interviews the following week.

For full details and an application form, either see the school website www.morpethschool.org.uk or email einglis@morpeth.towerhamlets.sch.uk or phone 020 8981 0921. We do NOT accept CVs.



MORPETH SECONDARY SCHOOL

Portman Place, E2 0PX

EXAMINATIONS OFFICER

NJC PO4 (£39,069 - £41,811 pro-rata)
Term time plus 3 weeks during the summer holiday
(actual salary £37,690 - £40,335)

We are looking for an exams officer for this forward-thinking, successful, fully inclusive mixed 11-18 school in Tower Hamlets. This is a key role in the school supporting pupil achievement through the smooth running of public and internal exams, including being part of the strategic planning as well as the day to day management of the exams cycle. Initiative, organisation and a commitment to working in an environment which puts young people at its core, are essential requirements of the role.

Successful candidates must abide by our safeguarding policies and undergo an enhanced DBS check.

Closing date: 3pm on Monday 28th September

For full details and application form please see the vacancy section of the school website
www.morpethschool.org.uk or ring 020 8981 0921.



MORPETH SECONDARY SCHOOL

Portman Place, E2 0PX

SCIENCE TECHNICIAN

35 hours per week term time only
NJC Scale 3 £19,644-£20,775 pro-rata
(actual gross salary £16,822-£17,790)

Organised, enthusiastic and proactive individual are required to provide support to the Science Department. You will be required to help in preparing and delivering teacher orders for practical science lessons, under the guidance and support of the Lead Science Technician. Experience would be an advantage but is not essential as appropriate training will be given. Applicants should have achieved A*-C at English and Maths at GCSE.

Closing date: 3pm on Monday 5th October, with interviews held later that week.

Successful candidates will be required to abide by the school's safeguarding policies and undergo an enhanced DBS check.

CVs are not accepted - for further details and application form please see the school website

www.morpethschool.org.uk or if necessary email einglis@morpeth.towerhamlets.sch.uk or ring 020 8981 0921.

Smart Training

Want to work in childcare?

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a childcare career?

Then study for free* for a Childcare

Traineeship with Smart Training.

Training is weekly in East London.

- High quality childcare placement
- Get tuition to improve your Maths and English
- Improve your interview skills
- Get help with job searching
- Gain a Certificate in Work Skills.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years.



Interested? Text SMART to 80800. email start@smart-training.com or phone 020 3700 4294.

www.smart-training.com/jobsandadvice



Sir John Cass

Sir John Cass's Foundation & Red Coat CoE Secondary School

Stepney Way,
London E1 ORH
Tel: 020 7790 6712
Fax: 020 7790 0499
www.sjcr.net

Academic and Cover Tutors (Maths & English)

Salary 17+ NJC APT & C scales (pro rata) – dependent on experience and qualifications up to circa £20k pro rata. 35 hours per week / term time only / temporary until 31st July 2016

We require graduates with degrees in Maths & English to work with students on an individual basis in preparation for their SATs, GCSEs and Advanced level studies. The post will also involve a small proportion of class supervision (cover).

Please complete the Application form on the school website www.sjcr.net and send to Mr Evans, the Headteacher, either by post or fax or email haydn.evans@sjcr.net

A copy of the Job Description and Selection Criteria is available on the School Website.

Closing date: Friday 25th September 2015

To place your ad in East End Life, call...

Terri on 7364 4682

Chris on 7364 4994

Fatima on 7364 4623

Sharan on 7364 4061

eastendlife

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Partnership & Participation Manager

£43,620 - £46,359

Communities, Localities and Culture Directorate
CLC00739 | Closing date: 4.10.15

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.





Langdon Park School
Bright Street
E14 0RZ
0207 987 4811

Extra Parent Tour Dates

**61% 5+ A*-C incl Eng & Maths,
86% A*-C English, 75% A*-C Maths**

*(Due to increased parental interest, we have to offer extra dates)
Come and see for yourself what a day in our school is like...*

OPEN MORNINGS IN OCTOBER

Mon 5th and Tues 6th October

9:30 – 11:00



LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (D1 PARKING PLACES) (NO.1) ORDER 2015 (AMENDMENT NO.1) ORDER 2015

THE TOWER HAMLETS (B3 PARKING PLACES) (NO.1) ORDER 2015 (AMENDMENT NO.4) ORDER 2015

THE TOWER HAMLETS (WAITING AND LOADING RESTRICTIONS) (NO.1) ORDER 2015 (AMENDMENT NO.4) ORDER 2015

- NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 21st September 2015 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
- The general effect of the Orders would be to in:
 - Brabazon Street –**
 - To upgrade the Single Yellow Lines to Double Yellow lines between Chrisp Street and the flank wall of No.49-71.
 - To introduce a No Loading Restriction operating Monday to Friday 8am to 4pm opposite the St. Saviours School entrance.
 - Payne Road –**
 - To upgrade the Single Yellow Lines to Double Yellow Lines.
 - To introduce on Double Yellow Line for approx.10m a No Loading 'At Any Time' Restriction at its junction with Blackwall Tunnel Approach (A12).
 - Millharbour (Opposite Ability Place) –**
 - To reduce the Shared Use Bay (Permit and Pay & Display) by 1 Parking space at its southerly end for a dropped kerb access installation.
 - To Introduce on existing Double Yellow line, a Pay and Display Bay for 5 Parking Spaces.
 - Woolmore Street (Northside outside the Woolmore Primary School) –**
 - To reduce the Resident Bay by 2 Parking Spaces opposite Anderson House and replace with School Keep Clear markings.
 - Opposite No.9, by removing the Double Yellow Line to increase the existing Resident Bay by 2 Parking spaces in a westerly direction.
 - Stainsby Road –**
 - Between Lindfield Street and Cotall Street, to upgrade the Single Yellow Lines to Double Yellow Lines.

- To Introduce No Loading 'At Any Time' Restrictions for Approx. 12m and 15m respectively at its junction with Cotall Street.
 - To extend the Permit Holder Parking Bays in a northerly direction by 1 Parking space each outside no. 80 and 84 respectively.
 - Outside No.92, to introduce on Single Yellow Line a Single Permit Holder Parking bay.
 - Outside No. 44, to reduce and partition the existing Permit Bay with a Double Yellow Line by 3.5m for installation of a dropped kerb access.
- Cotall Street –**
 - Between Stainsby Road and Bow Common Lane, to upgrade the Single Yellow Lines to Double Yellow Lines
 - To introduce No Loading 'At Any Time' Restrictions for approx. 13.5m and 10m respectively at its junction with Stainsby Road.
 - Three Colts Lane –** to upgrade the Single Yellow to Double Yellow Line with a No Loading 'At Any Time' Restriction:
 - Southside, between Coventry Road and Violet Street
 - On both Corners at its junction with and including Collingwood Street.
 - North side, to extend the existing 10m No loading 'At Any Time' Restriction at its junction with Finnis Street to the west kerb line of Coventry Street.
 - Collingwood Street –** to upgrade the Single Yellow Lines to Double Yellow Line on both sides between Three Colts Lane and Cudworth Street.
- The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
 - A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E1 0HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
 - Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 21st September 2015

**SIMON BAXTER
SERVICE HEAD, PUBLIC REALM**

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA- TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CHAMBER STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, with the agreement of Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Chamber Street between its junction with Leman Street and its junction with Mansell Street;

Reason: To allow essential works to be carried out on the public highway by A-Plant Lux Traffic;

Alternative Route: Via Leman Street (northbound), Prescott Street and Mansell Street (southbound) or Mansell Street (southbound), Royal Mint Street and Leman Street (northbound);

Period: From Monday 12th October 2015 at 22:00 hours until Tuesday 13th October 2015 at 05:00 hours.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 21st September 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA- TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – GLAMIS PLACE E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Glamis Place, to a point approximately 70 metres from its junction with Glamis Road;

Reason: To allow essential duct-laying to be carried out on the pub-

lic highway by Centercomms Limited on behalf of Openreach Telecommunications;

Alternative Route: There are no alternative routes for vehicular traffic as it is a dead end road / street or cul-de-sac.

Period: From Monday 12th October 2015 to Monday 19th October 2015.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 21st September 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA- TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – NORWAY PLACE E14

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order, which will continue in force, the following temporary prohibition:

Location: Norway Place, south of Commercial Road;

Reason: To allow diversion of vehicular traffic onto the public highway while essential works are carried out on the private road or street of Wharf Lane;

Prohibition: When the existing "no entry" traffic sign are covered, temporarily suspend the "no entry" traffic sign from the private road or street into Norway Place;

Alternative Route: Via Commercial Road and Norway Place and vice versa;

Period: From Thursday 1st October 2015 to Friday 18th December 2015.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6671 or email, john.parsons@towerhamlets.gov.uk

Dated: 21st September 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

**To place notice in East
End Life, call...**

**Terri on
7364 4681
Fatima on
7364 4623**

**Chris on
7364 4994
Sharan on
7364 4061**

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Jemstock 2, South Quay Square, 1 Marsh Wall, PA/15/2104/KFL London, E14

Erection of building facades to existing structure on site to create a mixed use development comprising 206 serviced apartments (Class C1), 1,844 sqm of office floorspace (Class B1) and 218sqm of cafe floorspace (Class A3).

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 21st September 2015

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL



THE SILVERTOWN TUNNEL

PROPOSED APPLICATION FOR A DEVELOPMENT CONSENT ORDER

SECTION 47 PLANNING ACT 2008

NOTICE PUBLICISING A STATEMENT OF COMMUNITY CONSULTATION

Transport for London (TfL) of Windsor House, 42 - 50 Victoria Street, London SW1H 0TL proposes to make an application ("the proposed application") under section 37 of the Planning Act 2008 for a Development Consent Order authorising a new twin bore road tunnel beneath the River Thames known as the Silvertown Tunnel. The project will be located in the London Boroughs of Greenwich, Tower Hamlets and Newham and includes the following elements:

- twin road tunnels approximately 1.4km long under the River Thames linking the A102 on the Greenwich Peninsula to the Tidal Basin Roundabout in the Royal Docks area;
- a tunnel approach road on the north side of the river to connect to the Tidal Basin Roundabout, which will be altered to create a new signal-controlled roundabout linking Silvertown Way, Dock Road and the Lower Lea Crossing;
- widening of the A102 on the south side of the river to create new slip-road links to the Silvertown Tunnel;
- a new flyover to take southbound traffic exiting the Blackwall Tunnel over the northbound approach to the Silvertown Tunnel;
- replacement of the Boord Street footbridge over the A102 with a pedestrian and cycle bridge; and
- the introduction of road user charging for the Silvertown Tunnel and the Blackwall Tunnel.

The Secretary of State has directed that the Silvertown Tunnel and associated matters be treated as a Nationally Significant Infrastructure Project for the purposes of the Planning Act 2008 which means that a Development Consent Order (DCO) is required to build, operate and maintain the project.

TfL has prepared a Statement of Community Consultation in respect of the proposed application which can be inspected at the places and times set out below.

TfL has a duty under section 47 of the Planning Act 2008 to consult the local community about the proposed application in accordance with its Statement of Community Consultation ("SoCC"). The SoCC explains how TfL will consult the local community about the proposed application. Details about the consultation and how to get involved are set out in the SoCC. The consultation described in the SoCC will take place from 5 October 2015 until 29 November 2015.

The SoCC is available for inspection as follows:

1. The SoCC can be downloaded from the project website at www.tfl.gov.uk/silvertown-tunnel from 21 September 2015.
2. The SoCC is available to view in hard copy format from 21 September 2015 to 29 November 2015 at the locations, days and times set out in the following table (opening days and times may be subject to change):

Deposit Venue	Days	Times
Transport for London 230 Blackfriars Road Southwark London SE1 8NJ Phone: 0343 222 1155	Monday – Friday Saturday & Sunday	10.00am – 4.00pm Closed
Royal Borough of Greenwich The Woolwich Centre Wellington Street Woolwich SE18 6HQ Phone: 0208 854 8888	Monday – Friday Saturday & Sunday	10.00am – 4.00pm Closed
London Borough of Newham Newham Dockside 1000 Dockside Road London E16 2QU Phone: 0208 430 2000	Monday – Friday Saturday & Sunday	10.00am – 4.00pm Closed
London Borough of Tower Hamlets Town Hall Mulberry Place 5 Clove Crescent London E14 2BG Phone: 0207 364 5020	Monday – Friday Saturday & Sunday	10.00am – 4.00pm Closed

3. The SoCC will be available to view in hard copy (along with other consultation documents) at a series of 'Roadshow' events taking place at venues in the London Boroughs of Greenwich, Newham and Tower Hamlets throughout the consultation. TfL staff involved in the project will be available at each event to answer questions about the project and the consultation.

The Roadshow events are taking place at the locations, days and times set out in the following table:

Roadshow Venue	Dates	Times
Idea Store, Chrisp Street (At the Ground Floor Foyer) 1 Vesey Path London E14 6BT	Saturday 7 November Tuesday 17 November	10.00am – 4.00pm 12.00pm – 7.00pm
Canary Wharf Shopping Centre (At the Canada Place crossroads) Canary Wharf London E14 5AB	Tuesday 20 October Saturday 14 November	10.00am – 7.00pm 11.00am – 5.00pm
The Forum Trafalgar Road London SE10 9EQ	Saturday 10 October Tuesday 10 November	10.00am – 4.00pm 12.00pm – 7.00pm
Britannia Village Hall 65 Evelyn Road London E16 1TU	Saturday 17 October Tuesday 27 October	12.00pm – 5.00pm 12.00pm – 7.00pm
Canning Town Library Barking Road London E16 4HQ	Saturday 24 October Thursday 19 November	10.00am – 4.00pm 1.00pm – 7.00pm
Charlton House Community Centre Charlton Road London SE7 8RE	Saturday 31 October Thursday 26 November	12.00pm – 5.00pm 12.00pm – 7.00pm

4. A paper copy of the SoCC can be ordered from TfL. TfL will provide a copy free of charge on reasonable request. Copies can be requested using the following contact details:

Email at rivercrossings@tfl.gov.uk

Phone on 0343 222 1155 (Available during normal office hours. Please note that service and network charges may apply. Visit tfl.gov.uk/terms for details.)

Post via a freepost address 'FREEPOST TFL CONSULTATIONS'

Should you have any questions about the consultation on the proposed application, please visit our website or contact TfL using the contact details above.

Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CANNON STREET ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Cannon Street Road between its junction with Commercial Road and its junction with Sly Street;

Reason: To allow essential crane works to be carried out on the public highway by King Lifting Limited;

Alternative Route: For vehicular traffic will be via Cannon Street Road, Sly Street, Rampart Street and Commercial Road and vice versa;

Period: On the following two Saturdays:

- a) Saturday 17th October 2015 from 08:00 hours until 18:00 hours;
- b) Saturday 24th October 2015 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 21st September 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LICENSING ACT 2003

LONDON BOROUGH OF TOWER HAMLETS

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Peppermint Events Limited has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

The premises are situated at The Tasting Room Bar and Kitchen, Canary Wharf Ice Rink, Canada Square Park, London, E14 5AB.

The licensable activities and times are:

Supply of alcohol

Sun – Weds 11:00 – 23:00 hours
Thurs – Sat 11:00 – 00:00 hours

Late night refreshment

Thurs – Sat 23:00 – 00:00 hours

Films and Recorded Music

Sun – Weds 08:00 – 23:00 hours
Thurs – Sat 08:00 – 00:00 hours

Live Music

Sun – Weds 11:00 – 23:00 hours
Thurs – Sat 11:00 – 00:00 hours

Non-standard Timings

To extend the above hours to 01:00 on New Year's Eve

Anyone who wishes to make representations regarding this application must give notice to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London, E14 2BG

Website:
www.towerhamlets.gov.uk
Tel: 020 7364 5008

Representations must be received no later than 05/10/2015

The application record and register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000).

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

- Land adjacent to Langdon Park DLR Station, London

PA/15/1498/BMC

Installation of BMX cycling track.
- 18 Hertsmere Road, London, E14 4AY

PA/15/974/BMC

2 x Internally illuminated box section signs in blackened steel with white LED back illumination. Existing fixings to be used where possible and new fixings to be into mortar to retain existing brickwork. Signs to be 2410mmW x 411mmH x 40mmD and mounted 2686mm from ground level.
- 219 Whitechapel Road, London, E1 1DE

PA/15/802/HDH

Retrospective Planning application for the installation of an extract flue to the rear.
- 3 Manchester Road, London, E14 3BD

PA/15/2281/KFL

Internal and external alterations (including rear extension, first floor extension and roof extension) to create 2 x 2 bed flats
- Mile End Road, o/s 31, E1 4TP

PA/15/2467/ZAP

Internally illuminated digital 6 sheet with static or scrolling paper 6 sheet on reverse panel on a bus shelter. The advertising displays will be sequential and not change more frequently than every 10 seconds. The screens we propose to use are 70” in diameter with a visual display area of 865mm wide by 1539mm tall and will be no brighter than the existing poster displays.
- 8 Stepney Green, London, E1 3JU

PA/15/2204/HAM

Listed building consent to amend the roof material of the rear extension consented under PA/15/00711
- 40 Cotton Street, London, E14 0EL

PA/15/2380/CHG

Alterations to the service station forecourt and canopy; extension to ancillary retail unit and erection of 2 x 4 bedroom townhouses, 1 x 3 bedroom apartment, 3 x 2 bedroom apartments and 2 x 1 bedroom apartments.
- Flat 21, Donegal House, Cambridge Heath Road, London, E1 5QR

PA/15/2437/HAM

Single storey side extension.
- Flat 315, Manhattan Building, Fairfield Road, London, E3 2UQ

PA/15/2456/CHG

Replacement Kitchen, Remove a partition wall in the kitchen and reduce a partition wall by 80cm.
- 526 Roman Road, London, E3 5ES

PA/15/2435/CSK

Demolition and refurbishment with restaurant (Use Class A3) at ground floor level as existing and a Studio, 1 bedroom flat and 2 bedroom maisonette over.
- Sugar House, 99 Leman Street, London

PA/15/2453/DHA

1No. printed aluminium sign, 1No. illuminated printed sign on existing high level hanging sign above door, 1No. Illuminated printed sign above door.
- Phoenix School, 49 Bow Road, London, E3 2AD

PA/15/2446/HDH

1 no. sign lettering "Phoenix Cafe" internally illuminated and wall mounted on timber fascia boards with halo lighting.
- Phoenix School, 49 Bow Road, London, E3 2AD

PA/15/2444/HDH & 2445/HDH

Conversion of two existing non-original bin stores into use as a Food Technology Classroom with support kitchen area. Includes; removal of existing timber panels and double doors, removal of a non-original non load bearing blockwork wall, new vent openings through retained side doors, fitting new external windows and doors within existing structural openings, alterations to the existing drainage to suit kitchen requirements, new internal plasterboard partition wall, new wall, floor and ceiling finishes, new light fittings and extract ventilation.
- Queen Victoria Seamans Rest, 121 East India Dock Road, London, E14 6DF

PA/15/02263/KFL

The application is for the creation of a new restaurant terrace on the South elevation of the building with new entrance steps and Platform lift to improve accessibility to the building.

Bus Stop 37139 St Katharines Dock, East Smithfield, London

PA/15/2358/DHA

Internally illuminated digital 6 sheet with static or scrolling paper 6 sheet on reverse panel on a bus shelter. The digital 6 sheet will display content controlled remotely from our central hub. The advertising displays will be sequential and not change more frequently than every 10 seconds. The screens we propose to use are 70” in diameter with a visual display area of 865mm wide by 1539mm tall and will be no brighter than the existing poster displays.

500 Roman Road, London, E3 5LU

PA/15/2502/HAM

Conversion of vacant 1st and 2nd floor levels into studio flat over retained retail unit with new shopfront.

Dockmasters House, 1 Hertsmere Road, London, E14 8JJ

PA/15/2350/CHG

Refurbishment including internal remodelling.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

71 Driffield Road, London, E3 5NE

PA/15/2433/HAM

Rear extension at lower ground floor, ground floor, and first floor levels.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 21st September 2015

OWEN WHALLEY

Head of Planning and Building Control



Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – ROMAN ROAD E2

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location:

- 1) Roman Road, for a distance of approximately 25 metres, eastbound and westbound from its junction with the eastern kerb line and western kerb line of Bonner Street respectively;
- 2) Morpeth Street at its junction with Roman Road;
- 3) Usk Street at its junction with Roman Road;
- 4) Roman Road, between its junctions with Morpeth Street and Smart Street.

Reason: To allow essential resur-

facing works to be carried out on the public highway by LBTH;

Alternative Route: For vehicular traffic will be via Roman Road, Cambridge Heath Road, Old Ford Road, Grove Road (southbound) and Roman Road (westbound) and vice versa or for Morpeth Street will be via Knottisford Street, Digby Street and Globe Road (northbound) or for Bonner Street will be via Old Ford Road, Grove Road and Roman Road and vice versa.

Period:

- a) Monday 28th September 2015 from 22:00 hours until Tuesday 29th September 2015 at 06:00 hours at no. (1), above;
- b)Wednesday 30th September 2015 to Friday 2nd October 2015 from 08:00 hours until 18:00 hours each day at nos. (2) to (4) above.

Please refer any queries regarding the above traffic restriction to Moira Underwood, Street Scene Engineer, Engineering, on 020 7364 6529 or email, moira.underwood@towerhamlets.gov.uk

Dated: 21st September 2015

SIMON BAXTER

INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

To place your ad in East End Life, call...

Terri on 7364 4682

Chris on 7364 4994

Fatima on 7364 4623

Sharan on 7364 4061

eastendlife

Pleasing performances

“I am happy with the results, bearing in mind we only had a short time to prepare.”

SENSEI RAPHAEL VERAS



Award-winning seasons

The players of 2014-15 in the ILFL were: Mohammed Sirak Beyene (London Tigers, Premier Division), Niall Boyce (SCTA, First Divison), Chaka Barnett (Beaumont Youth, Second Division).

Sport

Football round-up
Boost for Hamlets

Waltham Forest 1
Tower Hamlets 4
TOWER Hamlets FC haven’t had much to shout about in recent weeks – it’s been their Mile End Stadium neighbours Sporting Bengal taking the headlines.

But they bounced back from their FA Vase exit to claim the points against Wadham Lodge and, on Saturday, September 12, they claimed another win and did it in style.

They were 4-0 up before Waltham Forest responded and by then it was game over.

Tower Hamlets took the lead when Ade Lazoio scored from close range after 33 minutes then doubled their advantage through Randell Williams, who ran from the halfway mark to score.

Omar Rowe made it 3-0 on 72 minutes and Raymar Cedras wrapped up the game five minutes later.

Forest grabbed a late consolation, but by then it was all over.

#stillunbeaten

Sporting Bengal o
FC Romania o

SPORTING are still unbeaten in the Essex Senior League, but they failed to find their shooting boots at Mile End Stadium.

It was nothing like the thrilling game against Burnham Ramblers in the FA Vase the previous week, but with their squad hit by injuries it was a question of damage limitation.

Manager Anwar Uddin was happy though and tweeted: “Delighted with a mature and disciplined performance from the squad. #stillunbeaten.”

ILFL awards night

THE Inner London Football League gave out more than 100 trophies at its annual presentation evening on September 10.

It was a good night for Tower Hamlets Vets, who collected the Vets Summer League title, with Carlos Eduardo Oliveira Silva named Summer League player of the year and Nurul Hoque taking manager of the year.

Veras kids mix it with international warriors



Back row, from left: Jasmine Pomeroy, Chloe Casimir, Andras Tamas, Ben Pomeroy and Raphael Veras. Front row: Liam Veras, Jack Gentili, Isaac Gibson, Luca Veras

BY PETER FAULKNER

POPLAR’S Veras Karate Academy took on the world in Glasgow.

The club, competing in the British International Championships, finished as the top association in London after facing opposition from Brazil, Germany, Netherlands, Wales, Ireland, Scotland, Algeria, Italy and Slovakia.

The day started with Luca Veras and Jack Gentili winning gold in the pairs kata for 9 years and under.

But there were other impressive performances with silver medals won by Luca Veras in the 8-year-old individual kata, and Seyhan Cinar in the 10- to 11-year-old individual kata.

Bronze medals went to: Ismael Cinar Bronze – 8-year-old’s individual kata, Jack Gentili and John-Joe Jones shared third place in the 7-year-old individual fight, Ben Pomeroy in the 14- to 15-year-old individual competition and Jasmine Pomeroy in the under-21 fight event.

The squad of 11 returned home with seven medals and a 16th place out of 58 clubs – the best in London.

Sensei Raphael Veras said: “I am happy with the results bearing in mind we only had a short time to prepare.”

Veras hold classes at Trussler Hall Community Centre in Grundy Street, E14.

For further details, visit www.verasacademy.co.uk

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George’s Leisure Centre
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street, Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, E2.
8980 2243

Sport & leisure

Back to netball
Weekly. Tues, 6pm. £1.10
John Orwell Sports Centre, Tench Street, E1W.
07914 685261

Body conditioning
Thurs, 6.15pm. Shadwell Basin Centre, Glamis Road, E1.
07961 951522

Cricket coaching
Under-11s?under-13s – Weds, 4-5.30pm; under-16s – Tues, 4.30-6pm; ages 16+ – Thurs 5-8pm.
Dockland Settlement, 197 East Ferry Road, E14.

Docklands women’s running group
All abilities welcome
Mon, 6.30pm. Mile End Stadium, Rhodeswell Road, E14.
07958 368070

Football training
Sat, 9-11am for boys and girls aged 5-11, Mulberry School for Girls, Richard Street, E1;
12-1pm for ages 3-5. St Patrick’s School, Dundee Street, E1W.
07956 095218

Kibondo
Martial art for ages 6+. Mon, 6.30-8pm, all ages; Fri, 7-8.30pm, seniors & adults. £4 adults, £3 children, first lesson free.
Teviot Centre, Wyves Street, E14.
07956 428654

Kickboxing and self-defence
£5 per class. Suns, 1pm; Tues, 7pm (women only).
Whitechapel Sports Centre, Durward Street, E1.
07983 201987

Chi Kung
Ancient Chinese exercise practice with gentle, meditative exercises.
Mon, 6-7.15pm.
St Margarets’ House Settlement, E2.
07905 098413

Kool Karate and Fitness Fun
Every Tues & Thurs, 5-6pm.
St James-the-Less Hall, St James’s Avenue, E2.
07934 126510

Kung fu
Learn the Wong Shun Leung

system of ving tsun.
Weds, 8-9pm. £7, adults only (kids classes coming soon).
St John’s Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Kung fu fitness
Mons 7-9pm.
Bryant Street Methodist Centre, Stratford, E15.
07950 637345

Muay Thai for women
KO London, 186 The Arches, Globe Road, E2. Sat 3-4.15 £7 concs, £9 waged.
7265 9693

Martial arts
Learn the Wong Shun Leung system of ving tsun kung fu.
Weds 8-9pm. £7, adults only.
St John’s Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Netball
Arbour Netball Club train at the Parkside Leisure Centre at Mulberry School, Commercial Road, E1 every Monday night.
01277 811772

Rugby
Millwall Rugby Club. Men’s, women’s and youth teams.
Suns, 10.30am-12pm (youth); Mons, 7.30-9pm (adults); Weds, 7.30-9pm (men); Thurs. 6.30-7.30pm (boys aged 7-17); Thurs, 7.30-9pm (women all ages).
www.millwallrugby.com

Rugby for children
Tag rugby (non contact) games for ages 2 - 7. Sats, 10am-12pm (term-time). Free trial.
Victoria Park, Grove Road, E9.
01252 794150
www.trytimekidsrugby.com

Self-defence and keep fit
Self-defence and keep fit with freestyle taekwondo. Mixed classes of adults and children.
Tues 6.30-8pm & Sun, 1-3pm.
Tiller Leisure Centre, Tiller Road, E14.
8310 1469 or 07950 896926

Seniors exercise
Mons, 1.30pm, line dancing; Tues, 10.45am, workout.
London Dockers Club, 6 Boulcott Street, E1.
7790 3785

Swimming
Learn to swim (5 years +), competitive swimming skills/fitness (9 years +), and masters swimming (18 years+).
Bethnal Green Sharks Swimming Club, York Hall, and Mile End Park and St George’s leisure centres.
07931 782172
www.bgssc.co.uk

Taekwondo classes
Taster class £5 for adults, £3 for children aged five to 14.
Adults £50-£40 per month.
Easy Studio, 60-64 Kingsland Road, E2.
7033 4660

Table Tennis Club
Every Sat, 10am-12noon.
For ages 11-19
George Green’s School, 100 Manchester Road, E14.
7987 6032

Tiller Runners
Women’s group, suitable for all abilities. £1.10 per session. Mon, 6.30pm. Meet at Tiller Leisure Centre, Tiller Road, E14.
7987 5211



No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

SEE PAGE 34

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Charlie's champion and Frank aims to follow

BOXING ROUND-UP
BY PETER FAULKNER

EAST London has one new champion and hopes to crown another this coming weekend.

Two former Repton stars are the headline makers with Frank Buglioni bidding for world super-middleweight glory and former club-mate Charlie Edwards celebrating his new-found status as English flyweight champion.

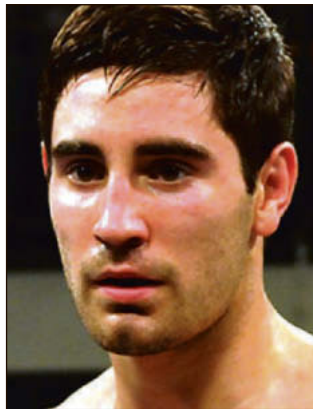
At Wembley on Saturday night Buglioni takes on Russian Fedor Chudinov, who is being guided by the man once branded the best pound-for-pound fighter in the world.

Roy Jones Junior, a class act in the 1990s, has been in Russia training WBA champion Chudinov and giving him tips on how to defeat Buglioni.

The 46-year-old American won world titles at mid-



Charlie Edwards



Frank Buglioni

dleweight, super-middle, light-heavy and heavyweight and is still in pursuit of another in the cruiserweight division.

Not bad for someone who still has ambitions at an age when most fighters have hung up their gloves for a decade or more.

"Buglioni's a very good and very smart fighter, but I believe that Fedor will win without a problem," said Jones.

"I think Fedor can catch him late."

Buglioni, the reigning European super-middleweight champion who comes from Italian stock, is not looking past Chudinov.

But he believes there are some high-profile fights out there to take him up a level – including an all-British unification fight with either George Groves or IBF champion James DeGale.

"It would be great if we both win our world title fights. A unification fight against him at Stamford Bridge would be a dream come true as we are both big Chelsea fans.

"Being from an Italian background you could say it has all the hallmarks of a Rocky movie."

Charlie Edwards won the English flyweight title in his fifth fight, following in the footsteps of the East End's own Charlie Magri.

Edwards defeated Louis Norman from Leicester on points at the O2 Arena on September 12, and will now build up towards British title standard.

Edwards looked sharp and eager and, despite Norman's boast that he would end it quickly, won comfortably, baffling the champion with his elusive jab and move style.

Edwards boxed with a maturity that belied the fact he only turned professional in January.

Cricket

TOWER Hamlets Cricket Club are celebrating after winning one title and just getting pipped to another.

The first team are champions of the Middlesex Championship Division Three and the second team finished runners-up in the second team league championship.

Both teams have been promoted another step closer to playing higher-level cricket.

The club are now hoping a grass wicket will be put in at Victoria Park, which they can use as their home ground. This year marked the sixth year of the club's existence and their record of achievement continues.

The colts section only started last summer, but with the involvement of parents, club coaches and the management is growing fast.

Role of honours last six years

2015: Adult first team wins the league, second team are runners-up. The club also ran four colts teams.

2014: First and second team are third in



the league. Ran three colts teams.

2013: Adult first and second teams are runners-up in Middlesex Championship League Division 3 and U17 Central Zone champions.

2012: Adult team win the Middlesex Championship League Division 4,

U17s are Central Zone champions.

2011: U17 Central Zone champions and county runners up, T20 Asian Premier League winners, runners-up inaugural London International 6s.

2010: U17 Central Zone champions and county runners-up.

Rugby

Ashworth gets off to a flying start

MILLWALL 24 Dagenham 12

MILLWALL started the season with a hard-fought 24-12 win over Dagenham in the Junior Vase and can feel optimistic with a new coach, strong additions to the squad and players returning from injury.

A strong opening five minutes from Millwall was rewarded with a try and they added two more first-half converted scores through the centre pairing of Matt Rowland and Phil Whittaker both benefiting from excellent distribution from debutant Coran Ashworth at fly-half.

Dagenham, however, remained in contention and a try for made it 19-5 at half-time.

The second period was scrappy but a second Dagenham try narrowed the gap.

The last quarter of the game did see Millwall start to dominate the scrum and the increased pressure eventually paid off with Mason scoring a fourth try to put them ten points clear.

World Cup fever

RUGBY fans are getting ready for the World Cup, with much of the action happening right on our doorstep at the Queen Elizabeth Olympic Stadium.

The stadium will host six matches with France taking on Romania on September 23.

Just 24 hours later the New Zealand All Blacks will take on Namibia, then comes Ireland versus Italy on October 4, South Africa versus the USA on October 7, and the play-off for third place on October 30.

As if that wasn't enough, on November 7 England take on New Zealand as part of a three-match rugby league series.

Sailing

Paddle-fest fun

IF you love life on the river and want to gain new paddling skills, then get down to Shadwell Basin this weekend (September 26-27) for the annual Paddle-fest.

This is one of the biggest events in the sailing calendar aimed at people who already

kayak, and Shadwell Basin Outdoor Activity Centre wants them to celebrate and encourage people to give it a go.

The action-packed weekend, involves workshops, river trips, demo boats, trade stands and evening lectures.

This year the Sunday will be the annual No Tide Day on the river when the Thames Barrier is closed for the full day, an opportunity to experience the Thames at its calmest.

The cost is £40 for the weekend or £20 for a day ticket. Once you have booked you can choose your preferred workshops and time slots.

Email projects@shadwell-basin.org.uk

Tennis

Make a racket

The next round of the Docklands Tennis League is open for registration now.

Entries close on September 28 for the league, which gives you the opportunity to take on players of similar ability at local venues.

The next round runs from Thursday, October 1 until Wednesday, November 25.

You can either play competitively or just to stay healthy.

Sign up at www.localtennisleagues.com/docklands

Keep fit

Tai chi chance

THE University of East London is offering tai chi and qigong classes at its Statford campus.

Both Chinese practices include exercise and meditation.

Classes are Mondays (12.10-12.50pm) from September 28 to December 14 and Tuesdays (1.10-1.50pm) from September 29 to December 15.

Squash

New uni date

THE 2015-16 individual British Universities and Colleges Sports (BUCS) squash championships have been moved to December.

The University of East London will be competing in this event which takes place on December 4-6 at the University of Birmingham and Edgbaston Priory Club.



More inside

For stories on football, boxing, karate and cricket, and our listings...

SEE PAGES 34 & 35



They did the borough proud

"Those players from the under-15 category were immense. Their performance reflects the hard work schools in the borough have done to drive forward badminton in after-school sessions."

CHRIS DAKIN



TOWER HAMLETS

eastendsport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

The Mannah the moment

Badminton youngster leads borough to triple title success

BY PETER FAULKNER

MANNAH Rahman is the new golden boy of Tower Hamlets badminton.

The 14-year-old Stepney Green pupil led Tower Hamlets to triple title success at the Middlesex Junior Championships at The Dome, Hounslow.

In the singles Rahman beat six top opponents and even the final proved relatively straightforward with a 21-15 win.

In the boys' doubles he partnered Gulam Rasul Mahi, from St Paul's Way School.

And the pair breezed past their group and semi-final opponents.

The final was a different story and was dramatically close. Mannah and Mahi held their nerve though to win 21-18.

To complete an outstanding hat-trick of titles, Mannah paired up with Sir John Cass School pupil Veronica Ramires for the

mixed event. Veronica found things tough in the girls' singles and girls' doubles, but upped her game and was the outstanding player in each of the pair's mixed matches.

Excellent serving and unbelievable reactions at the net saw them take the title in style.

The same day, Tower Hamlets had a promising set of young players competing in the under-11 championships.

Two girls and four boys were selected from the Tower Hamlets Youth Sport Foundation Sporting Diamonds Rackets programme, to give them a first taste of regional competition, and they surpassed all expectations.

Firstly with Ryan Buttery (St Saviour's School) and Arayo La Torre Cruz (Guardian Angels) winning the runners-up medal in the boys' doubles in their first ever tournament.

This was followed up by an

unexpected win for Caterina Gibbs (English Martyrs School) and Aisha Mohamed (Shapla Primary School) in the girls' doubles with Caterina also taking the silver medal in the singles.

Chris Dakin, head coach of Tower Hamlets badminton academy and development officer for foundation, was not surprised by the results.

"Those players from the under-15 category were immense," he said.

"Their performance reflects the hard work schools in the borough have done to drive forward badminton in after-school sessions."

Sporting Diamonds Rackets coach Lee Murray was equally pleased for his under-11s.

He said: "For a first tournament for these set of players, the results are nothing short of incredible. What they achieved was exceptional."



Mannah Rahman won three titles

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